

The Era of the Magus

Parts One & Two

June 2021 – December 2022

~ Sarah & Kuthumi ~

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Once upon a time, in a land not so far away, lived the Magi – a new generation of conscious beings who came to Earth in a revolutionary way, knowing they would one day change the dynamics of the planet entirely.

Somewhere along the way, they lost confidence in their ability to create as the God, Also. They let the guilt – *I did something wrong in Atlantis* – and shame – *I am wrong because I left Oneness* – get in the way of their divine, innate ability to create their Sovereign Reality.

They allowed doubt – a mental construct – to obscure their view of their own divinity. They played small to protect themselves from a separate view of self and from the illusory perception of others. They allowed karma – *the law of cause and effect* – to dictate their trajectory.

And then one day a Banyan Tree appeared in an eight-degree turn beyond Classic Earth reality, beyond time and space.

The Call of the Sovereign Magus began to rise up through the roots of the majestic Banyan Tree and radiate a golden shower of light pouring from its electric blue branches. The Sovereign Collective was born.

One by one, sovereign ascended and embodied beings began to gather in, around, and above the mighty Banyan Tree. As they gathered, all that was not their true Creator nature began to burn, to incinerate.

The Flame of Clarity ignited the way for New Life as a Modern Magus... all while holding a physical representation on what was once a foreign land but now their beloved home: Earth.

These are their stories.

ACKNOWLEDGMENTS

Sarah and Kuthumi would like to thank the Sovereign Collective, first and foremost. Without their contributions, there would be no book, no videos, no channels, *nada!* A deep bow in honor of You!

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This book was edited line by line by Lauren Hutton, who holds the copyright of these materials, along with Kuthumi. We have modified the original channels with additional information and insights in December 2022 and January 2023. Because we hired no lay editor, in order to keep the energetic integrity of the book, there may be a few typos.

Again, the audio transmissions were modified for readability in this book format with updated information, clarifications, and definitions. To access the original audio files of the Era of the Magus, please visit: www.becomingsarh.com and look for the Era of the Magus tab.

You can access the audio files with the password – a Kuthumi song: rest&play – no spaces, all lowercase letters.

Sarah and Kuthumi chose to use their Earthly names for this series as the magi are rooted in the soil of the Earth. They come together in union for a truly special offering, which includes your voice as well.

What is the name of your Magus expression, walking on this beautiful Earth and in the realms of All of Creation?

This book does not contain medical or mental health advice. It is for entertainment and informational purposes only. You are responsible for every damn thing in your life.

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1 REALIZATION IN YOUR BACK POCKET



Realization in Your Back Pocket

“Dance with what comes to your door.” ~ Tobias

Sarah, June 2021

Hello, friends! It is Lauren or Sarah, who are one and the same, and I am so freaking stoked on our new format. It is a lot different for me to speak in the audio recordings, rather than the video presentations, and there is a certain freedom to that.

I cannot talk with my hands or create bullet point slides, which is good because we’re going to go to the space in the next year where we are not learning in the old ways. Instead, we are learning in the New Energy way – playing in the unknown, allowing it to become known.

You ALL are *already* the Magi.

We’re going to the space in the next year of really communicating through energy and consciousness rather than having to find words and exact definitions in the old mind, and I feel all of you here – so deeply sovereign.

When I first started sharing, I guess it was 2016, I had not found my own sovereignty yet. You know, Sarah is still coming in and that won’t be complete until 2023, but I do have my feet firmly rooted in the absoluteness, which is what I would call SARAH.¹

And Kuthumi and I – in this series called *The Era of the Magus* – we will be using what Kuthumi called our ‘earthly names.’

So that is Sarah instead of Sar’h – as used in our last book – and Kuthumi spelled with the “th”, instead of Koot Hoomi, and there is a reason for that.

We’ve spent so much of our time and space on this planet learning to be *on* Earth, not *of* it. And there is something that has to take place, especially with the biological integration *into* the Free Energy Vessel, in which you disconnect from biological ancestry – ancestral freedom – and from nature, with Gaia.

¹ Not my human feet, but the absolute reality on which they stand: that is what I call Sarah.

That runs parallel with Gaia leaving, and the Earth is left to the humans, who are going to follow in our footsteps – the legacy we leave behind.

And there is a certain quality of being completely one with Earth, something about the Earth and the soil and oxygen and carbon and the electromagnetics – we're going to get into that – into the New Energy Physics of the Magi.

What I am saying is: Once you find your ancestral freedom from this bright blue-green planet, eventually you connect back with it, in your Free Energy Vessel.

We are not there yet, and it's already happened, and it's happening now.

So, as you will see on the www.becomingsarh.com website there are two columns.

There's my column, and there is Kuthumi's column, and I am going to be focusing on the human part of this experience. We're going so far beyond realization. We're having the New Energy experience. The Magi experience.

So, on the left-hand column you see "**Humanizing** Divinity" and "Humanizing" is in bold letters.

And then you see the right-hand column and that's Kuthumi's column and says, "Humanizing **Divinity**" and "Divinity" is in bold letters.

So, I'm going to be focusing on what this feels like for the human – we are not getting rid of it, we're bringing it along, it integrates. The soul integrates. That doesn't mean we lose them. They become fluid streams in the Body of Consciousness, in the Totality of Your Beingness.

So, I'm going to be focusing on sharing my stories, and they are your stories too.

Pause.

"I know, I know, I know," you're saying – your ego is saying: "We are all doing it differently, and I'm **so** different."

The human characteristics of our journey are not what make us different.² Our consciousness is inimitable, can-not-be-copied, and that's truly what makes us *Sovereign Ones* rather than the human details, with the human 'I' at the center.

AND I'm going to tell you my experiences which will be... Yes, dear ego, different than other people, since we're always trying to differentiate ourselves, which always cracks me up.

Your *Sovereign Oneness* is always sovereign; it's always your own *One*. So, you don't need to cling to the human details, using them as differentiation mechanisms, or more often, you use the human stories as a way to manage energy.

That being said, I want to talk here about what happened after realization. That's the title of this chapter: Realization in Your Back Pocket.

Here's where the Era of the Magus begins: the day after your realization and choosing to stay on Earth.

The Era of the Magus is not a specific date for everyone, it's your date. The day you wake up after realization and choose to stay here on Earth and see what happens next, what unfolds – that is when the Era of the Magus begins for YOU.

For me, realization was a beautiful event that happened outside of time and space and simultaneously in time and space. And it was beautiful! And it is where most people have exited the program in the recent past.

Several months before my realization I had an experience like Sart. For those of you who are not followers of the Crimson Circle, Sart was a very funny, very loving, very interesting man, and he left the body around the time he experienced

² At the time of this publication, it was part of the Shaumbra Collective Consciousness, the Shaumbra entity, to try to constantly differentiate oneself through human characteristics. It was the ego trying to hold onto its illusory free will. In the end, uniqueness or sovereign inimitability comes from the signature of your consciousness rather than a holographic image expressed through ego. It is also a way the human identity tries to manage energy. In Morya's Four Imperatives for New Energy Creators, he says: If you the human try to manage energy, energy will manage you. That's free on our website too.

his realization. I went out of body myself, and that's a long story. But I came back in. I came back in to be the Magus of my own Creation.

Kuthumi is really urging me to tell my story, and we're urging you guys to tell yours, too. There can never be enough accounts of this experience left behind. Nobody owns the materials, and nothing can be truly copyrighted.

I want to note at this time of publication, there was not a lot of support, first-hand accounts, and/or general information about what comes next, post-realization, and staying on Earth...

For context, in 2017, there wasn't anything at the time being shared by the Crimson Circle about what happens after realization.

This has changed drastically, but it is very important to note that at the time nothing – not one word – was mentioned about what came after.

Yesterday's Shoud – on June 5th, 2021 – the monthly meeting of the Crimson Circle organization; yesterday's Shoud covered what happens after realization so beautifully. It was so refreshing to see and hear that.

And we have ourselves to thank there. I don't know if you guys can remember, with those who sit in the Crimson Council, we had a meeting three or four days ago and we said – well, there was a vote, for lack of a better term.

You know, these Councils are going to dissolve, but they're still kind of operating right now. It's like the gas tank is almost empty, but there's a little bit of gas left in the tank so we're going to keep going a little bit longer. I committed to be there, and I know many of you are as well.

And there was a discussion. Do we keep going over the same information or do we finally provide something *new*? Ha, and we finally won, so to speak.

I don't know if you guys watched the monthly meeting of the Crimson Circle organization yesterday, but I did, and I really was so glad to see that we went *New*. It covered what happens *after* realization.

And I just want to pause and recognize the change in tide there. Four years after my own realization – and for some of you as well – the Crimson Circle began to discuss and talk about deeply what comes after.

I want to recognize the change in tide because it was a really big deal. Something I have been working on behind the scenes for quite a while, and perhaps you as well.

If you'll remember in 2019, Morya and I created a Facebook page with one intent: to normalize the realization experience on Earth. To recognize it is not something for a select few, but a natural progression, available to everyone in All of Creation!

In 2020, it then became socially acceptable to talk humbly about realization and what comes after in the Collective Shaumbra Consciousness. I am very pleased with this.

So, back to my story. I experienced realization, and I didn't really know what to do. I felt more alone than I've ever felt, and I knew it had nothing to do with human story lines.

Read in a whiny voice: "I've always been alone in this life, I had no brothers and sisters, my parents weren't emotionally available" – NO! it's not that kind of alone.

It is something much different, and an alone that runs so much deeper than the human character can fathom prior to self-realization.

When I went through my realization experience, the human, the ego, was my best friend, was the vehicle for experiencing this thing called life and living...

I don't think there is anything wrong with ego. Ego has been the experiencer for so many lifetimes. Ego was needed, and it is still needed in some ways to be here. But it operates in an entirely new way, which we will cover fully in the first part of this book, this audio series.

The New Energy Physics of the we-go: it is, perhaps, the most important ground or soil you can till to create a fertile ground for the Magi experience.

...the (human) Lauren, who had kept me company this whole time, she integrated in realization, *and* something else happened:

Prior to realization, I was using the perceptions of others – which is what the ego does – I was using the perceptions of others to view myself. And to see myself and define myself.

Who am I?

So, the ego before it becomes the we-go³, the ego uses emotional stories as seen through the eyes of other people, mirrors – the ego uses emotional stories as seen through the eyes of other people, mirrors, to experience itself.

For example, my partner – when I was married, before I had my awakening – my partner loved me, and, therefore, I could see how much he loved me, and, therefore, appreciate myself through his eyes.

This is just one example. It could be any type of relationship. Parent. Child. Co-worker. Any identity role in which you view yourself through another's eyes.

When I found Shaumbra and Crimson Circle in Colorado, I could see myself through the eyes of other Shaumbra. I could see my unintegrated aspects when I interacted with other Shaumbra, and I could also see my divinity in their eyes.

The ego is *not* a bad thing. Yet, the ego has its entire experience based on emotional stories as seen through the perceptions, the eyes, of others and how they react to your image identity.

Your experience is based on emotional stories and perceptions of others and how they react to you prior to self-realization.

And that makes you feel not lonely.

You might feel miserable about it, but not lonely.

³ We-go refers to the fluid 'identity' experienced in the transmigration of awareness from energy, or a fixed identity being in charge, to I Am Consciousness being the commander of energy. The ego understands it is simply energy responding to consciousness and becomes fluid rather than clinging to an illusory center of a fixed I-Identity. Kuthumi dives deep into this in a coming chapter.

And so, when the ego becomes the we-go, and it comes along into this realization experience, there is something that happens:

It is this inability, this inability to look in a mirror – or the perception of another person – and see yourself – an inability to see or, rather, perceive yourself through the eyes of another.

Now, that sounds great, that sounds really wise, that sounds really energetically mature: *No more mirrors! I'm so mature!*

However, we still have this biological body, this emotional body, mental body, and they are so confused: "If I can't see myself through others' eyes, I will cease to exist."

So, you're not only *alone* – simply because you're not having these reinforced ego-identity experiences. It's deeper than that.

If you're having conflict experiences with your ego and with other people's egos, you don't feel alone because the conflict makes it feel like you're not alone because you're in a storyline with another person.

You are not alone because you are in a storyline with another person, acting out yet another play.

AND... then without the ability to perceive yourself in the old way or interact with others in the old way – you feel the deep, deep loneliness and you *hit* the bottom of alone!

The bottom!

I talk about it in my previous books. I walked the valley of sadness and hit the bottom of the river of alone. And this is why.

The why is:

You no longer have an inner dialogue between human and divine AND you lose the perception and ability to see yourself through the eyes of other people.

You must learn to live again in an entirely new way, and that is the Magus experience Kuthumi and I will walk you through in the following chapters of this book.

So, most of you have already experienced this, and we're just going back and going: "Oh, that's how I did that! That's what that was!"

Very much, these days, I experience time as a loop or a spiral.

So, you have beyond time and space, and inside time and space – but time and space don't operate in a linear way anymore, not for YOU! Not for the Magus! It is a looping and swirling, an up and down, an in and around motion.

So, we're just going back and going: "Oh, that's what that was!"

And when we figure it out, and we have the "Aha!" moment, we say, "Oh, that's what that was!"

As those "Aha!" moments occur, we are leaving passageways, potentials, probabilities, and possibilities – the Four P's – for the Magi who come after us.

When this planet is totally technologically-run...

I am taking a sip of my coffee.

Alright. So, we've got that part done, and Kuthumi is going to go more into the ego-thing and the we-go experience. The we-go is going to become our *best* friend as we are discovering ourselves as the Magus, the Magi.

Further.

There has to be **An Impetus⁴ to Act** as we stay here on Earth, and that impetus is not going to come from the place it did before realization. In other

⁴ Impetus comes from the Latin verb impetere, meaning "to attack," which is a combination of the prefix in-, meaning "toward," with petere, meaning "to go to" or "to seek." Here, impetus describes a no-force force that creates an action. Here, we are talking about where does the WILL to live and breathe on Earth come from once the ego-identity integrates into the All That Is, and you have gone beyond the law of cause and effect as well as gravity in their traditional roles?

words, the source of action within the integrated Body of Consciousness – also called the Totality of Your Beingness – will change drastically.

The *observer* role of consciousness:

Your I Am Consciousness has been observing, and observing, and observing *all* these lifetimes.

And then you've had the ego or the human actor, right?

So, the consciousness observes the actor in the play with the perceptions of other people. The ego dynamic for most of humanity.

The consciousness observes the actor in the experience of ego – not wrong or bad – who is having experience, emotional-experience stories with other people, as seen through the eyes of other people.

So, when that disappears... *'after' realization...*

This loneliness is not about physical aloneness.

You could be in a crowd of people; you could be in a Shaumbra event with five hundred of your Temples of Tien karmic contacts, and when you go through this experience you will feel alone.

It is not about the other people; a drastic change has taken place within your Body of Consciousness, in the Totality of Your Beingness.

You had this ego identity separated out from your conscious awareness – a separation caused by the standardization of the mind/ brain mechanism. Thus, you had two buddies – human and soul – humanity and divinity.

Separation is not all bad; it's how we came to understand that we are God, Also!

So, you also lost your buddy, in the self-realization experience.

For example, Lauren and Sarah – they used to have long conversations.

I used to have very long energetic conversations with my soul, very beautiful *loooong* conversations with my soul.

And then, after realization I couldn't separate out the voice of Lauren and the voice of Sarah. There was no conversation. And Sarah wasn't even my soul, she was something so much grander. And the dialogue mostly went away, and sometimes it chattered on, and I felt no connection to it at all.

Silence! Zero Point!

So, alone...

Or possibly not alone, but simply Multiple Singular⁵ and now adapting to that shift?

Stick with me, please.

Okay, so, we go into this *crazy* Dragon Clarity – fire-breathing Dragon burning up *eeeeeverything* we thought to be true until there is nothing left, and no such thing as truth.

AND...

This is all happening in simultaneous layers, right?

So, the ego becomes the we-go, that centrifugal motion – we covered in the *Ancient Integrations* text and video – the movement without force from a dualistic interaction – soul-human / divine-humanity / ego-Is-ness – from this beautiful separation – not a bad thing – into this Multiple Singular Being.

A multiple singular being as Kuthumi called it in *Living in the Garden of New Life* series.

Take a deep breath.

⁵ A Multiple Singular Being – a term introduced by Kuthumi in the *Living in the Garden of New Life* channels and book – is defined as: Recognizing the True Nature of Self, with multiple selves, existing in multiple realities. In this kaleidoscopic expression with multiple selves, in multiple realities united as one singular Self, there's no one singular truth— yet everything integrates into One. Your facets can play wherever they like, without getting stuck or fragmented. The ultimate experience of facets, rather than aspects (un-integrated parts and pieces of Self).

So, we have this experience. The alone, the sad.

“I will never be able to see myself through the eyes of another person again.”

Liberating? Yes!

AND: terrifying!

AND: sad!

Game over. The ride is over.

And all of your relationships change as your identification with the ego-image is dropped – as we talked about in the Light Body Sessions.

And in this process, there are often times that we have to let people go. They won't allow us to be who we truly are. Or they are no longer in line with who we are.

So, back to my story, as Kuthumi taps his *tiny* hammer on my head.

So, it is linear year 2017: I experience self-realization or what I call the Return to Self.

In Crimson Circle land, we were not allowed to talk about our realization at that time. It is literally blasphemous to say you're realized. And if you do say you're realized you will be taunted, tortured, and emotionally maimed. Online. And in-person.

And you're so sensitive! So unfathomably sensitive at that time!

So, I go through this realization experience, and I drive my car back to Colorado. I literally go into Shaumbra-land, and I cannot talk to my friends anymore. I feel like I've been shut out, like an invisible barrier went up.

Even though I said nothing about my realization experience until I left months later. It simply was not safe to do so.

They did not do this to me. Nobody did anything to me; and I never did anything to them.

Hindsight: my ego integrated. So, I wasn't able to see myself through the eyes of my Shaumbra friends anymore. There wasn't a mirror anymore.

So, initially it felt like rejection, but really, we're just in different states, different states of being. They were all still able to – not all, there was one exception – but most of them were able to mirror back their grandness to one another.

But after realization, that mirror shuts down. The ego's ability to have an experience – a story is not a bad thing – to have an experience based on the perceptions of other people and the concept that other people exist – that can feel like: I don't belong. That feels like rejection. But it was not rejection in hindsight.

My partner at the time... I wasn't able to connect with him in the same way. It's like an invisible film went up, and I was shut out again. And it was very bizarre.

So, I sold my house in a week. I moved to California because I was lonely and shut out. I started to reconnect with my human friends. I started to reconnect with my family – all things I don't regret. And I tried to go back to being a regular human but with a new state of awareness. And it just wasn't working out.

So, some time went by and – Kuthumi is saying it's important to give a linear timeline, not for you all but for the brain that's coming along, for the human mind.

So, its 2017, and then it's 2018, and I'm about ten, eleven months into my realization, and the Dragon comes back around. I knew it was coming.

Additionally, there was a shadow following me down the street when I walked my dog, a shadow following me when I was walking up and down the beach every day. And it was haunting.

And I kept Self-Inquiring⁶:

⁶ **Self-inquiry** (Sanskrit: vichara or jnana-vichara) is the constant attention (awareness without focus) to the inner awareness of I Am That. It is, for me, the most efficient and direct way of discovering the unreality of the subject-I thought constructs or perspectives.

“What is the shadow? I know I’m a realized being. And I know there are no other people. I know I’m not being haunted. I know my humanity, my ego, my we-go, and my soul have come together in realization. So, what is this other component?”

Well, this haunting, terrifying creature was my Isness, my I Am Presence and/or/also the God, Also.

It was Consciousness.

It was the divine ground that existed beneath the soul-human, beneath the energy responding to consciousness dynamic.

Soul *is* simply energy; human *is* simply energy – and we are used to energy and how it feels – but consciousness is something else entirely. It is not energy. It doesn’t feel like energy.

It feels and expresses itself entirely different from energy and prior to realization, all you – this human expression – all it really knew was what energy felt like.

This human image is now learning what consciousness feels like. And it is quite disorienting for the human eyes. This quantum shift is the ‘producer’ of what you all call Dragon Clarity.

Consciousness! It has always been in the background; it’s always been there. But it doesn’t feel familiar because we have disconnected from it for so long.

Energy and consciousness have been so separate for so long. And when they come together, a learning curve – a re-orientation occurs.

And what we’re going to do in the Magus series first is find out the difference between energy and consciousness and then find out what happens when the energy and consciousness coalesce.

Observer and actor as one!

The collapse of the subject-object divide.

The boundary between inner and outer worlds dissolves, as Kuthumi started us out with in the *Living in the Garden of New Life* series.

A blur between soul and human.

And the ego turned to we-go will allow Us to *experience Life fully*.

So, that was another topic, another layer, I wanted to bring in.

After my realization, I realized – most of all – that I had never truly lived!

I simply held a little cartoon character version of myself wandering around Earth, lifetime after lifetime. Spiritual or not spiritual. Murderer or murdered. I realized I had never ever really lived! And I wanted to live!! And I wanted to choose Life! But I didn't know how.

I did not know how to allow Life to Live itself through me.

So, I set out to understand and learn this New Energy way of Being.

And what that looked like was a lot of days of not wanting to live. A lot of negotiating with myself. And this is *after* realization.

“If this doesn't get better in the next six months, I'm going to leave. I'm going to just leave my body. I'm going to die. You know, what's the point of being here?”

Negotiation. Duality.

And then after days of being in the most horrible despair – and not even human despair, soul-level tears of ‘why am I here? what the hell was I thinking?’ – I would choose Life again and again and again.

And I'd wake up one morning and I'd be **back** in the river of sadness. I'd be **back** in the valley of alone.

And I would choose Life! Again, and again, and again.

There is a certain energetic imprint I am able to see, feel, and know when I talk to some of you who have passed the realization line, accepted your realization, and now you're in that ten, eleven months later.

It could be a different timeline for you. Especially for you who want – all of you who want to say, “We’re so different.”

It could be six months, or it could be eleven months – there’s your difference! Alright! Check the box! Your human loves to tell us how different it is. So silly!

It could be years.

You could have your realization, sit in your realization for years, and still not open up the black box⁷, which we’re going to talk about in July.

So, there is a certain energetic imprint that takes place when you open that black box, and I can recognize in another because I have experienced it myself.

I won’t call you out, but I talked to one of you this week, and I could see this person was just like me... in that part of this experience...where you lose your mind *after* realization.

It feels like any kind of stability or security you thought you had in life – it’s gone! Because everything you thought you knew and/ or understood, it evaporates.

I’ll go back to my story:

I was in California, and I realized I couldn’t be there. My attempt to go back to a human life failed. I made a mistake. And I knew everybody back in Colorado was laughing and making fun of me, because they actually posted...*coughs*...excuse me... They actually posted in the Crimson Circle on Facebook group: “We’re all laughing at you.”

It was like a scene out of the movie Carrie.

⁷ The Black Box is a term Sarah used to describe the buried experiences the human image is not capable of opening and understanding prior to Self-Realization. In order to embody or inhabit consciousness, you must open up to All. And now you can handle what is inside because... **You Have Realization in Your Back Pocket.**

Yes, a Shaumbra woman from Colorado posted in the Crimson Circle Facebook group: “Lauren, we’re all laughing at you.”

And it’s so funny now, yet at the time – ooh, it felt like I was being incinerated because on the outside it looked like a failure. And those Shaumbra were rooting for me to fail.

They were seriously waiting for me to fail so they could sit around getting drunk and gossiping about other Shaumbra. So ridiculous! But also, it is just human nature. That’s what humans do! Also, really, really sad!

And... Ah, the doubt!

I went through my realization, I know that’s true, but now I’m doubting myself because my human life doesn’t look like the Ahmyo life on Facebook.

It doesn’t look like I’m a master walking on water: I’m chubby, I’m overweight, I’m miserably swollen, I can’t eat and then I’m starving and then I can’t eat anything and then I’m starving...

So, I get in my car, and I drive one day to Oregon, and I’m going to buy a house. Because that’s what masters do; they have really nice houses. And I go through that whole deal – oh my god! – and it falls apart. Ooh, everybody back in Colorado was laughing at me: “Oh, she is such an idiot!”

There is the ego trying to live emotional stories as seen through the eyes of other people.

Yet here is the big shift...

After the initial high of the realization experience, the ego will try to go back to living emotional stories as seen through the eyes of other people. It will because that is what it was programmed to do to ‘survive’.

But it won’t work anymore because I cannot unsee the Self-Realization. That means I can no longer live in the old way. It simply will not work anymore.

I realize I have to go New.

I realize I need to be teachable.

I realize I need to live the actual Ahmyo life, which is:

- ***Absolute, unconditional trust in Self.***
- ***Understanding that everything is for your highest good.***
- ***And that you are the creator of your reality, as you accept full responsibility for yourself.***

I realized I didn't make a mistake. I realized that I had set the stage for creating my dream life. However, this situation in Oregon wasn't exactly right.

So, when you've gone all the way in, and you dove all the way into the house buying process, dove all in with a partner, or the new business, and it doesn't work out...

Well, it's just not quite right. You haven't failed.

It's just not quite right.

Things falling apart are the Ahmyo life!

Things falling apart is where the grace and humility can shine into Life Living Itself through YOU!

I am realizing now that that was the Magus. That was the creative intelligence.

The Magus is not going to let you go forward with something that is not exactly just right for You.

Creative intelligence doesn't settle for good enough. Or just a little bit more. Or just a little bit more comfortable.

To say it in a Kuthumi way, creative intelligence only goes for the highest potentials. Not the lowly probabilities that plague humanity, he adds.

So, in the end, it was a very conscious decision to let go of this house. And so, I decide that I'm going to go try – I couldn't go back to human life – so, I'm going to try to go back to Shaumbra life.

At this point, I still haven't figured out you cannot go back to the old ways of living after realization. I was missing the we-go experience and truly understanding 'AND'. I just didn't know it yet!

So, I go to meet Shaumbra in Italy, the Masters Hub people, I go to meet my partner, I go to Slovenia and Bled for the "Magic of the Merlin" event in 2018, and it's the same. I am shut out. I don't belong here. And the persecution continues seemingly from outside myself, but really IT IS ME!

It is my energy, and it is saying we have something else we need to be doing to LIVE.

Leave this play! You have played enough!

And I realized when I got back from that event – and I was just so wrecked and so worn out – that I needed to NOT make any choices, decisions, or do anything.

I needed to allow the sense of humility, the grace of things falling apart, and then and only then would Life be able to live itself through me.

I actually transferred a very large amount of money to a wrong bank account, a bank account that wasn't mine – in the middle of the house deal that was not quite right.

So, I was missing my life savings. I had transferred it to the wrong bank account, and the bank was trying to figure it out to get my money back. But I wasn't getting it back. It was taking forever. So, I lost a whole bunch of money, which eventually came back.

But here's the story in sum:

It's one year after my realization. I've lost a bunch of money. My house plans fell through. I had a sinking feeling that I'm going to have to break up with my partner. I know it. I know it in every cell of my being.

I don't have a place to live. So, my mom had a condominium, an apartment that was empty because it was damaged in a hurricane.

And I was sleeping on my mom's couch at thirty-six years old, a single bag of clothes, no money because I accidentally sent it to the wrong bank account, and I'm going:

"I had my realization a year ago. What in the ever-living *hell* is going on here?"

Pause for dramatic effect.

And that's when I hit the Zero Point.

I thought I hit the Zero Point before. But this was New. A new depth.

Instead of sending energy out in all these different directions: trying to grasp onto these external things, instead of worrying about how I appeared to other people, how I appeared to Shaumbra, how anyone was going to take me seriously...

Ooh, you know, my body was wrecked, my bank account was wrecked, and Morya – my partner not in physical form at the time – was gone, nowhere to be found, unreachable, and I just said:

You know what? You know what? It doesn't matter. Security is an illusion. And I'm just going to sit here and really allow this Dragon. I am going to allow this Dragon Clarity; I'm just going to jump into the fire. I am going to open the Black Box.

So, I was there for about six months – in and out of feeling like I was going completely insane, crying myself to sleep at night; it's not pretty.

I talked to one of you guys on a Zoom call recently, and when I saw that you looked like me back then: hair on fire, swollen, not knowing what to do, not knowing how the relationship will work out, not knowing where the money is coming from, and I smiled. I smiled because I was so happy for this person because they were finally *allowing*.

Pause.

It's just so beautiful! Sorry, I'm crying. It's just so beautiful. It's not anything the ego or the human would want. Until it becomes the we-go, and you can truly see... how beautiful it is to... LET IT ALL GO.

You have been holding yourself together for sooooo long! It feels so good to let it all go. Energy returning to Source Consciousness. To its natural and neutral state. True New Energy Physics.

So, I just got up every morning. I made my coffee; I played with my dog; I walked down to the beach. I didn't have a lot of physical energy. I watched some really stupid stuff on TV, I ate bags of chips – and I trusted. I trusted myself.

Forget what anyone else thinks! Forget what this looks like from the outside!

I trust myself. And slowly, but surely, I started to regain strength... You know, physical strength because I was so weak.

I started to have a really subtle – a really, really, really subtle passion for Life come back. Even if it was simply to go out to a restaurant or take my dog camping. It started to come back.

I eventually bought an old house that was kind of dilapidated, and I began to fix it up.

And I had all this stuff that I had left in storage from my time in Colorado because I showed up in Colorado empty-handed.

So, I had acquired some things, belongings in Colorado, and I had acquired some belongings in San Diego, and the moving truck arrived, and I opened the boxes – it was then I realized I was a completely new person.

And this whole beautiful *empty* canvas of New Life was waiting for me. And I sat down in my new house that I was fixing up, and I wrote my book.

It just all came out in three weeks. I wrote the book: *A Modern Self-Realization Story*.

I couldn't have written that book if I had not lost my mind on the mountain top at Mount Shasta, if I had not told Jesus to go fuck himself, if I had not

ungrouped from Shaumbra – Once and For All! – if I had not allowed my ego to become the we-go, losing all mirrors – if I had not swam across the lake of sadness and walked across the valley of alone...

I would have never been able to write this book, which was allowing *Life to Live Itself Through Me*.

I would never be able to do what I'm doing here now. And I would never ever have been able to create this Sovereign Collective⁸ *with You!*

Pause.

A woman wrote me the other day, and she said, "You know, I don't know if I want to be here on this planet anymore. I don't know if I want to stay."

And then she said, "And my bank account is empty."

And she explained that she was having monetary troubles so much so that she didn't know where she was going to buy food. And it was very clear to me – because I've been in that space – there're two things to note:

"I don't really want to be here" *tells* energy that you don't want to be here, so the energy doesn't need to support you being here on Earth. So, of course, you're broke!

And she got that right away; she knew that. You guys already know this; it's just a reminder, right?

So, if you *choose* Life – feel into the energy of that – if you *choose* to live, if you choose to have the New Life experience, if you choose to be the Magus, if you *choose it with every cell of your being* every day, even when it really, really, really, really sucks!

⁸ The Sovereign Collective is a composite consciousness of sovereign realized beings who come together to create potentials, possibilities, probabilities, and passageways to consciousness for All of Creation. Unlike a traditional group in which individuality is surrendered and personality dynamics are the norm, the SC is made up of those who know deeply they are God, Also, and fully grasp their divine inimitability, or individuality.

Let's be honest. It can really suck!

When you choose Life, *energy* responds to that conscious choice. Energy responds to your consciousness and says:

"We choose Life! We're here to play! We're here to have fun."

The ego, the we-go, even says:

"Okay, we're going to have this experience and I am going to adapt."

The we-go adapts. *Really beautiful! Okay!*

So, the ego can still have its experiences; it can even have a story.

But with the we-go experiences are based on instantaneous wisdom.⁹

You know what I mean?

If not, here is a basic example:

So, we used to go have a relationship with someone and then it dissolves. And then you spend the next six-months-to-a-year wisdomizing what went wrong with the relationship and how the breakup happened.

That was the Old Way. This is the New.

We're going to go out with a new friend and have fun, and instantaneous wisdom is that nothing is secure. You don't know how anything is going to turn out. So, you might as well just have a good time on the date and not analyze it.

It can be anything like that. An experience in the Infinite Now – an experience beyond duality so you will not have to wisdomize the duality out of the experience *After the Fact*.

The New Way: no time need pass for wisdom to come to an experience. It happens simultaneously. In the Infinite Now.

⁹ Wisdom is instantaneous is one of the Four Imperatives that Morya laid out in 2020. You can find the materials on our website: www.becomingsarh.com.

So, this ego, this we-go, this new version of Self 2.0 – this we-ego allows energy to be its friend! Energy is your friend, right?

And so, you're not worried about security. You're not worried about: "Will I be able to stay with my partner? Will I be able to find a home?"

Because there's no way – if you choose Life – that energy would not show up to support You in the highest potentiality.

The wisdomization process is beautiful!

Your soul is able to remove the duality from any and all experiences, and only keep the nectar of the experience.

However, it also leaves a big pile of compost, of crap, behind that needs to be cleaned up. It's not super-efficient, and it takes linear time to complete.

If wisdom is instantaneous, you stop creating more compost, more crap, to clean up. This allows you to pivot, to move more freely in allowing Life to Live Itself through You!

Instantaneous wisdom occurs when you are no longer experiencing yourself in duality, in separation. The we-go is THE key component of this.

So, I really want to humanize this experience.

Being a Magus doesn't mean you wear a cloak and wave a wand and something magic appears in the air.

It means you live life liberated and free and there is nothing more revolutionary than that.

Deep breath!

Finally...

Pause.

Let's talk about post-realization, and the Dragon that loops back around; the Dragon Clarity that loops back around after realization to clean up the *stuff* you couldn't handle before realization.

You can handle this. *You* can handle what I went through in 2018, 2019.

The *only* way I got through all of the trauma – it was worse than anything prior to realization...

I did not go into deep details because it is too personal, but it was brutal. I will tell you that I revisited every single expression of myself on Earth in all of time and space on Earth. I call them energetic imprints; you may call them lifetimes. I re-visited each one, and the Atlantean ones were always the hardest to swallow.

From a human perspective, my life was worse *after* realization than it could have been in any lifetime because I was dealing with the stuff I hadn't dealt with before.

And the only way I could deal with what was being thrown at me by the Dragon Clarity was that I had: **Realization in My Back Pocket!**

This is where the title of the channel comes into play.

You can handle what comes your way because... YOU have realization in your back pocket.

Which just means, I was aware of the I Exist. *Deeply.*

Not as a concept, but rather I experienced directly and deeply in sensation the difference between energy and consciousness.

I am not going to die; I'm not going out of existence because my ego is changing from one mode of operation to another mode of operation.

Something only those who choose to STAY will experience!

That fear of death...

I would wake up in the morning and press a finger into my flesh to see if it was still there, to see if I was still alive because the ego wasn't operating the way it used to.

It was operating in the we-go, that centrifugal no-force force that takes you into this New Life experience, which makes the Consciousness your central I rather than the human I, and the subject I.

So, this is a lot; there are a lot of layers here. I'm getting us set up. Kuthumi is going to chime in, too, on the next recording.

Once you hit the Zero Point...

The Zero Point is like bringing any and all aspects of your energy that are floating out in other lifetimes, out in the cosmos – energy that you placed outside of yourself for elsewhere, energy you placed into a karmic dynamic in your family.

You do the clarion call, and when you call back all your energy, all your lifetimes and you bring it all in and you allow the chaos and the clarity of the Dragon, you will hit the Zero Point.

But once energy comes all the way back into that Zero Point, it is not more than a split second because it has to start expressing itself outward. And that is where New Life begins.

New Energy Physics.

Emerging from the Zero Point is natural, and it is a direct expression of your consciousness. It is safe to interact in the world again.

You're not going to create another experience to wisdomize. You're going to have an experience, and then it dissolves. Have another experience and it dissolves. And that's something we're going to get into, having these multiple experiences without having to wisdomize them later.

And we talked about the role of the ego today, and we'll start to talk about the role of the soul when it is integrated, when you can no longer have a separate conversation with it. However, the soul is part of this Free Energy Vessel just as the we-go is!

The souled body is a database, a cloud database of all your wisdom experiences. And so, you can just pull from that.

Instantaneous wisdom.

And then instantaneous wisdom opens up your energy to something you lost a long time ago...

We're going to get into what Tobias called the fourth leg of the chair or what I call *the Fourth Element*¹⁰, Gnost, a New Voice, a New Way to interact in the world – totally different from soul wisdom and intuition.

What are the dynamics of that?

So, we are really going to dive into what we are already doing and who we already are: the modern Magi living on Earth in the Time of the Machines.

Okay, give yourself a huge round of applause, give yourself a hug, give yourself a pat on your back – you got this!

I have no doubt – zero doubt that you got this.

It's not a linear process. The Dragon Clarity is not a linear process. It will come from underneath your feet, it will come from overhead, it will come from a fifteen- degree backing into the past and a leap forward into the future.

The only way you can mess this up is to not allow it.

And you have to allow it!

So, the only way to get through it is just to relax. And relaxation is New Energy Physics. So, just feel into that.

Send me your notes if you have any. And I want to thank everybody who reaches out to me to share what's going on with them.

¹⁰ The Fourth Element (also called gnost) is a term introduced in the Art of Allowing materials by Sarah & Morya in 2019. You can find the complete course on our website.

I may not write a whole lot, but I am pulling from your wise, wise, wise experiences to put into this database, this New Energy database we're creating for the Magi who come after us.

This transmission, these words, and the energy between them are based on everything you have shared so generously with us – on calls, in emails, and in the ethers.

Alright, lovelies!!

Kuthumi is saying that it is done.

“Stick a fork in it!”

That's what he said, “Stick a fork in it, it is done.”

Supplemental Notes for Realization in Your Back Pocket

“Every fragment of self-talk is a little story in the head that goes around, and then you look at reality through the lens of that little story.”

~ Eckhart Tolle

Dragon clarity incinerates all those stories bringing you to the Zero Point. The point in which you return to your True Self.

Over and over again in your infinite being-ness.

This is the Realization in Your Back Pocket Study Guide. It helps bring in the channel, from *out there* to *in here* (points at heart center).

Themes: Feeling Alone, No Mirrors, and the Zero Point

Ego integration and/or fluidity completely changes the inner world and inner dialogue...

When the ego integrates (the mirror dissolves), and it can make us feel alone, especially if we were having daily conversations or communications with our soul.

It can feel like the soul or the human or a part of us disappeared because the inner dialogue between the parts and pieces of ourselves has ceased to exist in the same way felt while in separation.

We were using our own soul to mirror back our grandness. And in realization, you ARE your GRANDNESS. You become your GRANDNESS.

You can no longer point to a separate part of yourself and say that's my grandness.

Instead of the soul being a separate entity to contact and rely on for wisdom, soul becomes an energetic song, one that cannot be separated out or consulted by the human. Not in the antiquated way.

It becomes part of the whole.

The song of the soul joins in with the symphony of Self.

Being without a mirror is scary. We have defined and proved our existence for lifetimes by seeing ourselves through the eyes of “other people.”

AND, even more so, through the lens of a separate soul or spirit.

Going into another layer:

Our inner dialogue, or self-talk, serves as a mirror, too.

In integration, this dialogue dissolves, and the Zero Point is hit.

However, the energetic communication, the song of your soul and the rhythm of the I Am Consciousness become a fluid symphony. Rather than a human like dialogue or debate.

This symphony – if you listen to it long enough – becomes the ecstasy of the I Am, the I Exist. The “I Exist” becomes your new ground, so to speak.

Communication is fluid, not a cartoon-like dialogue between your separated (illusory) parts and pieces of Self.

The ZERO POINT occurs when the ego has integrated, and no more mirrors are used to define your existence.

It sounds simple, and it is, but this is an event or experience of mammoth proportion.

The ego was the actor.

The we-go allows the actor and the observer as one.

To stay on earth as a realized being there will be an impetus to act that does not come from the old version of ego, this is the we-go.

The we-go is nothing more than a mature ego. And integrated human. With the we-go, experience and expression are based on instantaneous wisdom.

There is no longer a linear event, time spent bringing it to wisdom, and then another event to learn from. Beyond linear time.

Experience and expression are waves in the ocean that rise and return to Source. No analyzation needed after the wave folds back in. You simply surf another wave.

The Zero Point is like bringing any and all aspects of your energy that are floating out in other lifetimes, out in the cosmos – energy that you placed outside of yourself for elsewhere, energy you placed into a karmic dynamic in your family – it is bringing all your energy into a singularity.

For singularity is Truth.

You do the clarion call, and when you call back all your energy, all your lifetimes and you bring it all in and you allow the chaos and the clarity of the Dragon, you will hit the Zero Point.

Yet, once energy comes all the way back into that Zero Point it's not a split second because it has to start expressing itself outward. And that is where New Life begins.

Emerging from the Zero Point is natural and an expression of your consciousness. It is safe to interact in the world again. You're not going to create another experience to wisdomize.

You're going to have an experience and it dissolves. Have another experience and it dissolves. And that's something we're going to get into, having these multiple experiences without having to wisdomize them later.

The ego forms emotional stories as seen through the eyes of other people or even more so through unintegrated aspects or thought patterns.

When energy becomes your friend, when You (as Spirit) make love to your own energy, the ecstasy is so pure, so freeing.

It is of the essence of Spirit or the I Am Consciousness being able to experience and express itself without the distortion of the mirrors in the funhouse, also known as your stories and thought patterns.

What happens through this experience is for You and You alone – and yet it is the creation of a New Human Species, and its effects ring throughout the cosmos – a spark that is felt in All of Creation. And even beyond its borders.

2 YOU ARE ALREADY A MAGUS
THE 'PLAY WITH EGO' CHANNEL



You are Already a Magus

“Play with Ego!” ~ Kuthumi

Theme Song: “Raindrops Keep Falling on My Head” By B. J. Thomas

Kuthumi, June 2021

Hello, friends! ALOHA!

NAMASTEEEEEE! It is I, Kuthumi, your BFF, best friend forever.

I’m here today with Lauren, who is a very nervous, shifty channeler. I don’t know if you noticed, but I worked with Lauren or Sarah on her last channel, and we put together a very, very non-linear, multi-layered communication – energetic and conscious communication.

So, we’re going to do the same thing today and for the rest of the series. There is such freedom in not having the slide show where we go from one slide to the next with linear directions on what is occurring. Besides, Lauren’s stick figure drawings aren’t that good. *Joke.*

Okay, so I have a lot, a lot, a lot, a lot, mucho information to share with you all today. But first, let’s take a deep breath.

Deep breathing.

As I said in the last series – *Living in the Garden of New Life*: It is time to be serious. But serious doesn’t mean what you think it means.

Serious just means pulling all of *who you are*, all of *who you are*, into this *now* moment AND into Ahkuhn – beyond time, space, and gravity – and resting firmly and seriously in The AND.

So, find yourself in that place where you are in the *now* moment, *all* of you, *all* of the parts and pieces of you that are out in those other timelines, those other realities.

Take your tiny hammer and bop those little guys on the head. Say: “Hey, pay attention, Kuthumi is calling us. He is our BFF, best friend forever. So, we have to show up to be here in the *now* AND in Ahkuhn, beyond time and space.”

So, we let all the parts and pieces of ourselves know that it’s time to be here, now and... AND!

Pause.

So, you might say, “Oh, these are unintegrated aspects. They’re flying around, these parts and pieces of me in alternate timelines.”

That could not be further from the truth.

A magus knows that those are simply *facets* of Self playing in other reality timelines, playing in creation that moves through past, present, future, and simultaneous realities.

Feel into that. Those are not aspects to integrate; they have already been integrated – through simple awareness of their existence.

The Magus has many, many selves in many, many realities. And what makes a Magus one of the Magi is that they *know* this, and they *play* with this.

Rather than thinking there’s something more to integrate, they just take a pause, and they ask all the facets to light up in awareness in this singular moment in the *now* AND in Ahkuhn – which is kind of like your AEterna, if you are a Crimson Circle Shaumbra.

So, today I have many things for you. I’m going to talk about ***New Energy Physics***.

I’m going to tell you a story. And I’m going to sing you a song.

So, before we started this channel Sarah asked me to pick out a photo. She picks out her own photos, and I get to pick out my own photos. And I started singing a song to her and it goes like this... And she really doesn’t want to sing it, but she’s going to anyway!

Sarah singing.

“Raindrops keep falling on my head, but that doesn’t mean my eyes will soon be turning red, crying’s not for me, because I’m free, nothing’s worrying me.”

So, this is an old song from 1969, and so Sarah said, “Okay, we’re going to find the raindrops.”

So, she found something spiritual looking in the photo database. She found something etheric looking, and I said, “No, that’s not it.”

So, she keeps digging through the photos. I’m not easy to work with all the time. She’s not easy to work with all the time; we are two very stubborn, stubborn beings trying to work together. And then we laugh.

So, after she found this beautiful, spiritual looking raindrop photo I said, “No, we need something that honors the human.”

So, she found this beautiful photo of a rainstorm with a person standing under an umbrella and really reaching out and allowing the raindrops to touch their fingertips to feel it in sensuality.

And I kept singing the song, and it’s for all of you here. The lyrics are:

“Raindrops keep falling on my head, but that doesn’t mean my eyes will soon be turning red, crying is not for me, because (singing) I’m free, nothing’s worrying me.”

And then the next lyric goes: “It won’t be long till happiness steps up to greet me.”

And that’s where we all are here.

We’re going to embrace the rain.

We don’t need to cry anymore because we know that we are free!

We are *liberated* beings. And if you’re not happy right in this very *now* moment, you can be happy in Ahkuhn or AEterna. For your consciousness is always happy.

Now, Sarah doesn't like the word happy. Happiness was never her goal. Peace was her goal. Her world was so chaotic: her dad's death, a divorce. And after the divorce and the death, all she wanted was peace. She couldn't care less about happiness. That's changing. I've been talking to her about it. Now it's time to be happy. We can be happy.

Once you find the peace, then you can go back into the experience of being happy. But it's *real* happiness this time. It's *absolute* happiness this time. It's happiness not based on other people or external situations because your inner and outer worlds have merged as one, as we covered in the *Living in the Garden of New Life* series.

The hardest thing for Sarah to get through in her channel, which I was helping her with – I won't take too much credit, but I will; I'll take a lot of credit – was this part of the ego and its role.

Now, some of you listened to the channel and really got how the ego transforms into the we-go. And some of you just... It slipped right on by.

We are focusing on *choosing Life*. Choosing Life is important. The *ego* becoming the *we-go is* the New Energy Physics.

I mean it is the New Energy Physics of choosing Life – I'm going to get this through my channeler no matter what!

Choosing Life *is* the New Energy physics of the *ego* becoming the *we-go*.

So, when I started working with Sarah on this channel, I told her we are going to play with ego.

And she rolled her eyes and asked: "What do I want to play with ego for? Ego has done nothing but get me in trouble. Ego is what created all my stories that were based on the version of an external reality; that were based on perceiving myself through other people's eyes. How do I appear in the world?"

But there is some magic in there. The magic of the Magi lives in there – lives in the discovery of what the ego was, and what it will become, and what it already is.

So, the fear of death, the fear of going out of existence...

For sooo many lifetimes the ego based its happiness and the stories that it created on interaction with an external reality – you guys get this, I’m just repeating it – based on interactions and an external reality with the perceptions of other people.

The beauty of this is: these stories created the soul’s wisdom. So much wisdom was gained from being the victim, the perpetrator, being the queen or the peasant. Being the persecuted or the persecutor.

And all of you played all of these roles and they were all necessary to gain the wisdom that was based on these ego experiences. So, the soul and the ego are connected. Without the ego’s stories... where would the soul wisdom be? So, the ego is your friend.

Now, this fear of death – going back there. Yes, we are not going in a linear timeline. We are looping around, we are operating in a spiral, and then we’re operating like jazz notes with no pattern. So, feel into the deeper layers of what I’m sharing with you today.

Pause.

Fear of death.

Some of you may say you don’t fear death. But your ego does. So, once realization occurs and you have it in your back pocket... Slide your realization in your back pocket and say, “I Am Enlightened, and you can kiss my butt cheeks!”¹¹

You are telling that to all the parts and pieces of you that are spread all over the worlds, realities. You aren’t telling that to the perception of another person. You don’t need to tell another person: “I Am Enlightened, and you can kiss my butt cheeks.”

That statement: “I Am Enlightened, and you can kiss my butt cheeks!” tells all of the parts and pieces of you that haven’t been paying attention that they are

¹¹ This is a reference to a channel in the *Living in the Garden of New Life* series, which is free on our website and also in book form.

now... They are no longer aspects and **now** they are *facets*. They are *energy* responding to your consciousness.

So, when you have realization in your back pocket – “I Am Enlightened, and you can kiss my butt cheeks!” – when you have realization in your back pocket the ego can no longer create emotional stories as seen through the eyes of other people.

So, the ego feels like it’s dying. Only the ego would make its death seem dramatic.

Only the ego would make its death seem dramatic. It’s not really dying; it’s transforming.

So, the ego thinks because it can no longer see itself through the mirror – through the emotional stories as seen through the eyes of other people – it thinks it will cease to exist.

And that happens in the Zero Point. All of the energy comes in to support that experience of the ego going through its transition, its transmigration, into the new experience, into Living in the Garden of New Life.

So, the ego becomes the we-go.

You can still experience as the modern Magi. You can still experience life, yet you are not seeing it through the eyes of other people because you...

“1-2-3-4. You Know Who You Are.”

The ego was seeking to see itself through the eyes of other people to answer the question: “Who am I?”

But once you know *who you are* – I Am That I Am, I Exist – and you feel it in every single little fizzy, fizzy bubble of your Being, the ego no longer needs to look at itself from the outside.

Then, we go through the experience of inner and outer worlds merging as one – as we talked about in channel number one of the *Living in the Garden of New Life* series.

We allow all the different simultaneous lifetime facets of ourselves to show up at the rock concert, the “Encore of New Life” channel number four of *Living in the Garden of New Life* series. We’re going to put it all together.

You already are the Magus. Everyone here already is Magi. Living as a Magi in this modern world, touching the rain with your human hands, breathing the oxygen with your human nose, AND standing in your magnificence, simultaneously.

The back and forth between human and divine was an illusion. The Magus mind catches up to understand: “I am human AND I am divine, simultaneously.”

It is only the ego that thinks, that feels it would need to combine these into one nice, neat little package.

Pause.

You are a multiply singular Being.

It’s not all going to arrive in a nice, neat linear package in time and space. The completion that the ego seeks **is already here**. You are simply adjusting your eyes, your vision to see what is already here.

You already are the Magi!

So, the ego starts to understand this. The mind, the mental body, starts to come along, and the emotional body starts to come along through integration.

Instead of experience based on emotional stories and perceptions of others and how they react to you, the ego bases experiences on wisdom, on Gnost, on knowingness – an expression of I Am That I Am, I Exist. And you don’t need to step outside yourself to perceive yourself.

Living in the Garden of New Life does not mean you do not have a human life. It means your happiness, your freedom, your liberation allows you to know that you can interact with instantaneous wisdom, with your knowingness, with gnost, that is not local or linear.

So, this is an invitation to *dive into* what was laid out in the last channel –to really truly understanding the role of ego and how it comes along.

How did ego play with soul? Some of you are in paralysis.

It was super important to get rid of all the distractions.

When I do work with the Crimson Council – and we’re still doing the work – distractions keep people from going inside.

Those of you here are done with your distractions. You have removed every distraction from your human “last lifetime.”

Once you hit the Zero Point you think the ego is dead and the soul has integrated, and you’re wondering what’s left standing after the Dragon Clarity has incinerated every single belief system, which is only a blow to the ego.

The ego had built up a long list of how to operate in this world, to be safe, to be able to see itself, and to create more and more and more wisdom.

And when the ego realizes it knows nothing; that that was an *illusion* – but a real illusion and a good one and a great one for it is how it experienced the world up until now. The ego thinks it will die, and then it realizes there is a *new way to be*.

And from the Zero Point, energy has no other place to go then radiating out in response to your I Am Consciousness. The I Am Consciousness has two roles, two jobs: to express and experience. Express and experience.

So, your consciousness is not going to want you holed up in your bedroom for the rest of your “last lifetime.”

So, what we’re saying to you is:

It’s time to start living again. You choose Life.

Some of you have said you started painting again, you started creating again. That is wonderful! That **is** choosing Life!

The Zero Point was necessary. But as Morya laid out for us – when he helped Sarah to set up this space – was that we don't set up camp there. We go further.

So, the I Am Consciousness expression is on Earth! *It's here!* Its ego and its soul understand; they are aware of it. It is here through pure awareness.

We are going to drop some of the cartoon character things where we were trying to pull our consciousness into our body, and there is a funnel and a cloud, and “a this and a that.”

Your consciousness is here on Earth because you are aware of it. Period.

You're experiencing it, and eventually you become *It*. And this ego becomes a we-go and becomes a vehicle to express *directly* from the I Am Consciousness.

And creation doesn't mean art or books. It can be art or books, but creation is really:

You create your reality and be in your reality without needing to perceive yourself from outside yourself.

So, the ego becomes this vehicle, a mechanism to live life, not just in peace, but also in joy and happiness knowing you create your reality.

Instead of viewing yourself from the outside, you're seeing out your own eyes the things that occur in your Sovereign Reality, on your Sovereign screen, on your BON screen. This can only occur when the ego stops trying to view itself from outside itself. *That* was the separation!

So, we're going to work ourselves into the dynamics of this. And it's already happening. However, your *experience is greatly, greatly* enhanced when you feel into the New Energy Physics, the dynamics of this experience. Which is why you asked me to be here and why I offered to be here.

So, Sarah has done something for you that not many people would do. She signed herself up to be a guinea pig in an experiment. Two weeks ago, I told her we're going to play with ego and her stomach turned upside down: “Play with ego?”

“Yes, go out and act. Act big, act bold!”

So, she did! And we won’t sit here and tell stories about what happened and what didn’t happen.

But as she was playing with ego out in the world, out among the people, out among the crowds, she had really wonderful experiences of the actor and observer becoming one. No need for a specific outcome. Terrified? Yes!

“If I interact with people, they will screw me over. If I interact with too many people, I will not be safe.”

All the stories of the ego came rushing in in her experiences.

Pause.

When you have realization in your back pocket – that occurred outside or beyond time and space in Akhuhn AND in a *now* moment, a point in time and space – that’s one thing. Allowing it to permeate, stream into your New Life *is* another.

There is **no** room for doubt. You cannot doubt yourself in these experiences. Doubt immediately sets the ego back up for trying to look in the mirror through emotional experiences based on the perceptions of other people.

Pause.

So, allow the ego to make this connection, this bridge, to the soul wisdom. We’re not going to repeat a mistake because the soul wisdom is here. It’s a deep... Sarah is trying to find the words... it’s a deep... It’s a Navigation of the Void. It’s a deep understanding, a connective, active, dynamic experience to connect the ego with the soul’s wisdom.

Pause.

And then it plugs into – those aren’t the right words, but you can feel into it – into the I Am Consciousness where they are all aware of each other. Your consciousness has always been aware of your egoic or human expressions. Your

consciousness is aware of the mechanism of the soul to retain wisdom in a cloud-like structure.

However, once the ego turns its head around – and this was covered in *The Art of Allowing* – once the ego turns its head around or looks inside rather than trying to see itself through the eyes of others, it turns around and becomes the we-go. And the ego begins to understand its role.

Pause.

And that wisdom that says: “Hey, if you interact with too many people, or you trust people, you will get burned” – because that’s part of the wisdom; it begins to adapt, too.

The energy of the ego taps into the consciousness that says: “That’s the way things **were** when we were trying to see ourselves through emotional experiences and the perceptions of others.”

However, some of that wisdom is... Some of those lessons learned are obsolete.

Now we can trust what’s happening in our world, we can trust people in our world because *there are no such thing as other people*.

We are living on a Sovereign Screen of Creation.

It’s going to take some time... linear time for the mind to catch up. It’s going to take some linear time for the tears to stop falling, which is why I sang you that song.

There is a knowingness of *who you are*, a knowingness of what you came to experience, a knowingness of your commitment to this experience, and even the ego choosing New Life to become the we-go in this new experience. Even though it’s terrified, “What if people laugh at me?”

Only the ego is worried about what other people think. It runs very, very deep.

Pause.

Patience!

The ego does not have a whole lot of patience.

But with *trust* – and *knowingness* – and not giving into the doubt, which creates a giant separation every time – what connects the ego to consciousness...

What connects the ego to consciousness and turns it into the we-go, is to connect the ego with soul wisdom.

And then once you connect to soul wisdom, the we-go will be able to know what is relevant in the body of soul wisdom instantaneously – and that connects it all to I Am consciousness.

... and in this process of ego connecting to soul and to I Am consciousness and becoming the we-go in simultaneous wisdom....

As this all occurs... in this process...

A Fourth Element is expressed.

The Magus *is* an expression of the Fourth Element. And we'll talk more about that as we move forward. We're not going to get to that today.

To get into the dynamics of the Fourth Element, which you guys are all experiencing on some level, we have to understand the dynamics of the ego. You already know this, and we are bringing the mind, the ego, the emotional body, the mental body, and the biological body into this experience.

There is so much more underneath the words.

Pause.

So, I am going to tell you a story.

After I left the mental institution and I said goodbye to my colleagues at Oxford, I began to take a walk. Ah, and I was so happy, and I was so free: "This world is an illusion, Kuthumi. You're just here to have fun! Play with ego, play with the trees, commune..."

I spent a lot of time alone. I had some deep stories come up, but I played with them, and I danced with the infinite, and I allowed them to come through. Nothing was going to put me back into that hospital bed.

I spent a lot of time alone, walking and wandering. I talked to strangers; a lot of people helped me on my journey with food, with water, with a place to sleep.

And one day I started to wonder if there was anyone else like me out there. And one day I came across a community of people, very, very, very nice people. Beautiful people. Conscious people. And they welcomed me in. They were so excited to see me.

“Oh Kuthumi! You are one of us! You are one of the elite masters. You know things. You know that you are God, Also. You know about consciousness and spirituality and the ancient texts.”

And all these people dressed alike, they sat around and patted each other on the back and talked about spirituality and consciousness, and I stayed for a few days. I had some interesting conversations. I met some interesting people.

And they said to me, “Oh, you are one of us, Kuthumi, come stay with us, come stay in our community. You do not need to walk any further.”

Oh, and I was flattered. “Oh, that’s great. The thing is: I can’t stay here. I really appreciate your invitation. But I must go further. I must walk on.”

You see, I didn’t know at the time that something just wasn’t quite right for me to stay there. What those people were experiencing in their community they created, their community of conscious beings – nothing wrong with that either. But there was something deep inside me. It wasn’t my ego or we-go. It wasn’t soul wisdom for I had not had this experience before. My consciousness said: “Whatever you want to do here.”

The Fourth Element, the voice of knowingness came in and said: “This place is not for us.”

And I followed it. Just like I followed everything in my last lifetime that came from that deep, deep place. It wasn’t spoken in words, there was no sign from

above, I had no bird come to visit me; I just knew that I could not stay there. And so, I walked on.

I often thought about this group of people. They were very wise people. Very conscious. And I wondered why I couldn't stay there. And I wondered what makes me different – not better, not more superior, not less superior? What makes me different from this community that had invited me in? And I thought about this for months.

I walked, and I walked, and I walked. And I started to really understand the dynamics of the ego. These people had found a beautiful, beautiful way of existing.

They found peace, they connected to their insides, they connected to their inner voice; but the ego had not made this connection, this transmigration into the we-go.

So, to stay in the state of being they were in, they needed the mirror (of community) because the ego was still needing emotional stories and to perceive itself through the eyes of other people.

So, as long as they sat as a community, as a group, they wouldn't lose their consciousness because they were just reflecting it back to one another all day long, every day.

And there was a great fear among this community that if one of them left then that person would no longer be able to feel that peace, feel that knowingness because they were so used to having the other people in their community reflect it back to them.

Now, I didn't get this right away. But months later I woke up, and I had the experience. You know how it is when it all comes rolling in and you truly understand, and the ego comes along as the we-go and it truly understands: "I needed to experience myself as God, Also – without the mirror, for it was just another duality."

Uncomfortable? Yes! Did I cry? Yes! Did I lose my mind, again? Yes! But I knew, I knew I had to get to the point where I became God, Also. No mirrors needed!

Breathing.

So, I have sung to you. I have told you a story. I've gone into a physics lesson; I've laid out the parts and pieces of the *Living in the Garden of New Life* channel series and how it will play into the *Era of the Magus* series.

We've called all the parts and pieces of ourselves here in this *serious* moment – in the *now* moment and beyond time and space. We took a pause to be in the AND, to be in time. The Magus knows how valuable it is to be *in* the *now* moment – *in* time and space – AND beyond it, simultaneously.

So now, being the Magi that you are, you can take a deep breath (inhale) and allow those facets of yourself to go back to interacting in those simultaneous realities (exhale).

So, you pull yourself *all in*, and you don't have to hold yourself there.

Ha! Freedom! Liberation!

You can dance in the infinite, and all the facets can dance in their simultaneous realities. And you're not fragmented for you were *always whole!*
Multiply Singular!

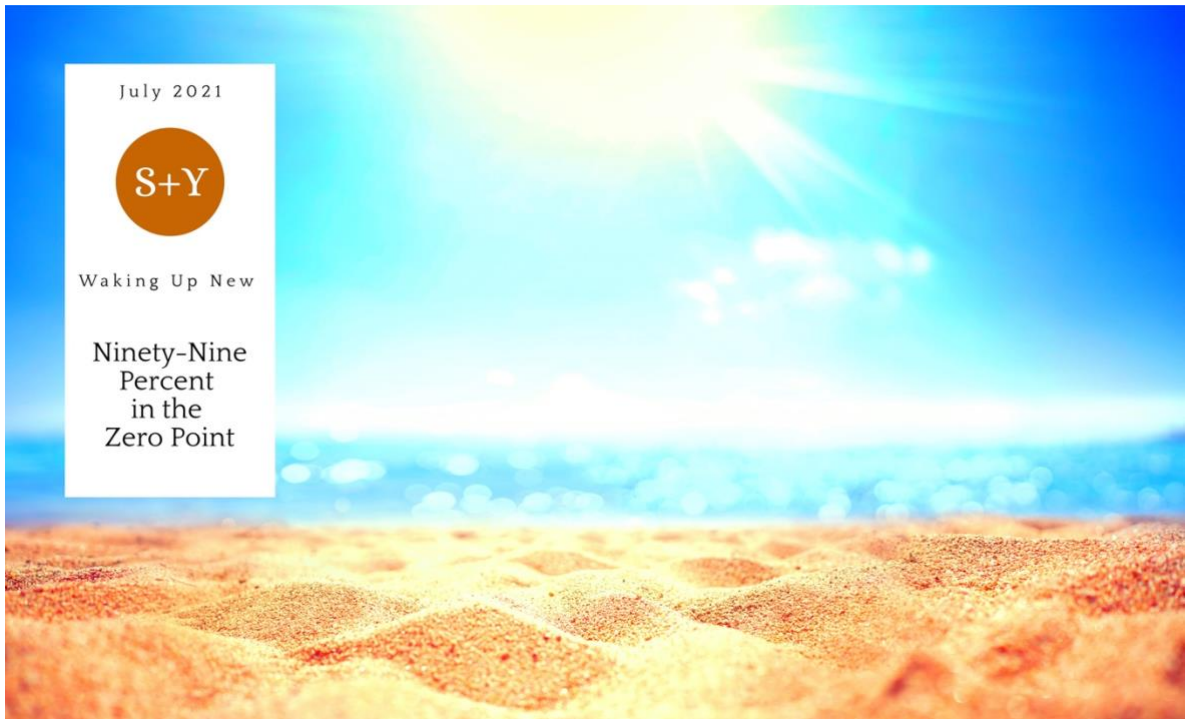
I am Kuthumi, the God, Also in me *knows* the God, Also in you, and we don't need to mirror back to one another *anymore*.

Thank you and I will see you next month.

NAMASTEEE!

3 WAKING UP NEW

99% IN THE ZERO POINT



Waking Up New

“99 % in the Zero Point”

Sarah, July 2021

Hello, friends!

I Am That I Am, Sarah of biologically Sovereign Domain.

Oh *yawn*, I'm taking a deep breath. I just made myself a nice hot cup of coffee to go along with the nice steaming day in Mexico. It is very hot. But somehow drinking something hot actually works rather than drinking something cold.

Anyhow, I have a big task in front of me, but I have never ever, ever, ever, ever shied away from a big task. In fact, if something has seemed daunting, I have always dove right on in just like I did today in the surfing waves. I paddled into some monsters. Don't look back. Just keep going.

So, in some ways, what is more important than the information in these channels is the energetic communication techniques.

As you will notice in our June channel, the Sarah channel, I wove the story and information together. And you guys are all excellent energetic communicators, that's how I know what's going on with each and every one of you in your life.

Yes, I know exactly what's going on with you in your life. That's not a judgment; it's not a hierarchy. And I don't feel into your life and say, "Oh, they are just not getting it." I say: "Ooh, that's the experience they're having! How cool!"

I do this to tap into the greater whole so I can provide the best material available.

Before hopping on to record here, I went to the Banyan Tree, and nobody was there.

You guys are out doing a lot of different stuff, watching a lot of different things, and involved in a lot of different stuff with the exception of about ten of you who are really into this we-go experience, which is really cool. And it doesn't really matter.

You know, Yogananda showed up here. Paramahansa Yogananda showed up here. He has from time to time in my life worked with me, and he showed up one evening and said, “Sarah, I am going to be there for a month.”

So, here is the deal. You relax with Kuthumi; you rest and play. He tells me not a whole lot about the channel before it comes, and then I just feel into it and out it comes... It is so different.

Laughing.

When Paramahansa Yogananda shows up, it’s because he is going to be working with you, changing you.

Now, how does someone change someone without violating their sovereignty? Feel into that, right?

It’s only one energy – multiply singular, as Kuthumi calls it – and it’s all mine. And he’s playing the role in the many, many realities that I live in, and one of the realities I live in is ascended-master-land – let’s just call it that. And he showed up several days ago and it has been like being at a boot camp.

So, I don’t have a whole lot to share with you guys about that – that’s going to be something totally different.¹²

I’m here working with Kuthumi, but I don’t live in just one reality. I’m not just in the *Era of the Magus* series, but that’s what my sense of focus is being used for – to bring the infinite into the finite matrix of this relative reality.

However, I have so many different things going on simultaneously, but it is not a distraction because I’m not stuck in the limited box of relative reality. I’m not trying to cram my consciousness into the little box of the local linear.

I don’t know who needs to hear this, but you can only rearrange the furniture in your house so many times. You can only take another hot bath so many times.

Eventually, the box of relative reality goes into the Consciousness, and just like the wise Adamus Saint-Germain once said: “Once you are in twelve realities

¹² In hindsight, Yogananda was preparing me to record the five-hour long Light Body Sessions (2021-2022) and helping me write the New Human Species book published in August 2022.

simultaneously” ... you are in your mastery, and there’s a whole lot more. And it’s not that you are not doing that already; it’s about bringing the awareness to what already exists.

Everything is. You bring your awareness to knowing that you’re already realized. You bring your awareness into knowing that you are operating from a Free Energy Vessel. You bring your awareness into knowing that you’re operating in many, many parallel and/or simultaneous realities, right?

So, one of the realities is Yogananda and me having very long conversations. So, I want to give credit where credit is due; here it is.

Okay, so we are going to start in the middle, go to the beginning, and finish with the end. And the end will be a story. I’m going to say that again.

We’re going to start in the middle, go back to the beginning, and finish with the end.¹³

Sometimes we start with the end and finish with the beginning. But today – I’m going to repeat it one more time so you can feel the energy behind it, and you can smile with me and feel good about all this. Some of you guys are really down in the dumps.

Right. Dig your feet into the sand of this beach (inhale), of this beautiful image that just – (exhaling) it felt perfect.

I was going to do a black screen, and then I was going to have this text and that text. And this image just popped up, and I said, “That’s it!”

It looks like the shore of New Life, which was one of our Satsang Channels where realization is one tiny grain of sand and embodiment is the whole beach.

Okay, starting in the middle, that was my entryway.

Instead of using the word *embodied* because it has the word *body* in there – and you guys, it’s just like that little box. You guys are trying to fit your

¹³ Kuthumi asked me to lay the channels in the Series out like this to introduce a New Energy communication. That is why each channel covers this at the beginning and tapers off towards the end.

consciousness into the little box of relative reality rather than putting the little box of relative reality into the infinite.

So, the word *embody* still has the word *body* in it. We're going to *embody* the Consciousness. We're going to squееееееze – constipation – squееееееze all the Consciousness into this tiny, dense-matter body. Into this complex biology.

No. That's not it.

How about – this is the middle of the channel; this is where we begin – how about we use the word *inhabit*?

Inhabiting our consciousness!

Feel the difference.

Oh, embodied!! Embodied, embodied, embodied! Realization, realization, realization! Huuu! Or...

Let's *inhabit* our consciousness all the time.

What does the Free Energy Vessel experience feel like?

I am inhabiting my consciousness all the time. I exist in many realities, and I have this Free Energy Vessel where I can travel through the simultaneous and parallel realities using the Master sense of focus to play and to rest, and to play and to rest – to quote our beloved Kuthumi.

So, inhabiting the consciousness – aaah, it just feels light and fluffy.

When you inhabit the consciousness, you wake up *new* every day. Woosh, that is the title of our channel *Waking Up New*.

Alright.

So, because we begin in the middle, I am going to talk about the we-go. Some of the things I have felt into as I am *inhabiting* my consciousness.

So, what is the difference between the ego and we-go?

So, the ego doesn't create experiences. We're back in the little box. The ego *negotiates* experiences. Something has happened *to* me. I have done something *to* somebody else.

The ego doesn't create experience. It negotiates experiences that it feels are out of its control. It is reacting to a perceived external stimulus experience. And then it tries to view itself – the ego tries to view itself through the eyes of the other people in the experience.

So, the ego is not a creator in his or her creation.

No big deal.

What's the difference?

We're not getting rid of the ego; the ego doesn't die. All of the great masters talk about this. Adyashanti has a very, very good talk on this.

You know, that's one thing I wanted to squeeze into the middle of this channel. Crimson Circle is amazing; Shaumbra are amazing. But there is so much more out there.

And when you *inhabit* your consciousness, you can start to feel into the universality of how many – it's astounding how many beings who are inhabiting their consciousness are on Earth right now.

Now, normally when I give a statistic I would say: "Kuthumi said" – that gives it some authority. Or "Adamus said" and that gives it some authority.

But I am standing in my own just as you are standing in your own, inhabiting your consciousness.

When I felt into it, only about ten percent... actually it's around nine.

Nine percent of the beings inhabiting their consciousness – not embodied Masters (said in a deep voice) – that title has become like a brick – about nine percent are Shaumbra from the Temples of Tien.

The *other* 91 percent come from different areas, and most do not claim any sort – any sort of club or organization.

Really feeling into Kuthumi's last channel, this is about – there is nothing wrong with those organizations or groups, but for the ego to become the we-go – you can still appreciate those things, but you stop seeing yourself through the eyes of somebody else.

I am inviting you here not to see yourself through the channel, but to interact with yourself through the communication techniques that I am making available here.

Which are: Connecting *you* to what you already are. Connecting *you* to what you already know. Honoring *you* beyond hierarchy. Honoring *your* Grandness by providing material that is always further.

Okay, so the ego doesn't create experience; it negotiates experiences. I borrowed this from Adyashanti. It sounds a whole lot like Adamus, doesn't it?

My add is: The we-go stops trying to negotiate experiences.

If something is happening in your life that you feel is out of your control, even though you know that you create everything in your life – you guys all know that.

But something feels out of control. For example, your body is not working, something at work, at your job – you know – health, wealth, relationships. That's it, right?

When you inhabit your consciousness, you accept All That Is. The we-go stops trying to negotiate the experience.

The we-go is a mature ego.

The ego would say: "I have to get out of here. And if I ...fill in the blank... If I allow my realization, if I have my Free Energy Body, if I get the next latest and greatest thing, if this... then I'll feel better."

Pause.

I'm going to give an example.

Ok, so, we are also going to talk about love. So, we'll start to move to the beginning of the channel – that was the middle.

Here's an example:

I go on a date with a very nice-looking man. I feel like I have a nice connection with him. We have so much fun. I have zero expectations of it being a long-term thing.

I accept this date ONLY BECAUSE I am in Kuthumi's great experiment of playing with my ego, so I say yes to everything just to see how it goes. No agenda. I say YES to EVERYTHING.

If I wasn't in a Kuthumi experiment, I would have said NO.

Let's see how it goes. A week into this beautiful play I have going on with this man he tells me, "Oh, by the way, I have a girlfriend, but I didn't tell you because I was afraid you wouldn't spend time with me."

Well, I probably wouldn't have.

The ego in this experience would say, "This man did something *to me*."

And then the ego begins to negotiate the experience.

It goes from the perspective to understanding where he's coming from to hating him and how dare he.

You know, the House of Mirrors.

Varying perception prison! Nothing limits the flow of energy like a perception. Whew!

And I allowed myself to have all the experiences so I could talk about it with you guys.

This is a big experiment. We are playing!

Some of you take this relative reality so seriously, and it's going to make you miserable. Everybody is just playing!

Deep sigh.

Some of you are very much still into identifying with that part in your mind/brain that says: "They did this; that's not right."

That is the ego negotiating experience.

The lower-s self has a deep desire to be right!

Something happens when you begin to inhabit your consciousness; when you begin to move through life with your Free Energy Vessel and the weeeeeeeeeee-gooooooo: The we-go stops trying to negotiate experience.

I allow myself to have the full experience with this man. I don't feel like this is my actual experience.

Ahh. The ability to see things as they are without the perceptions of ego!

For example:

I don't feel like he has done something wrong to me.

However, I feel a universal quality to the experience I'm having in life.

His actions make me sad. The sensation of sadness not the human emotion of sadness. They make me feel the sensation of sadness for humanity.

This person didn't do something wrong to me – because there is no firm me. However, I allow the sensation of sadness, a sadness derived from: this is what passes for love on this planet Earth?!

There is a Universality to my experience.

Further, my experience has instantaneous wisdom.

Breaking it all down – I did not experience this in chunks but simultaneously – but I am breaking it down to lay out the New Energy Physics.

So, I had an experience with my we-go. I allowed the layers. If the ego were still front and center, it would negotiate the experience.

And I could play that out: “How dare you! My feelings are hurt. I can’t believe you violated me.”

Nothing wrong or bad about that at all. We’re just feeling into the subtle shift of ego to we-go – with a really basic example. It could be any situation. A car wreck. Family dynamics. A job. Whatever.

Dance with what comes to your door!

Okay, so the example of the we-go is not trying to negotiate the experience. It accepts that this (perceptible situation) sucks.

I had a really, really fun week with this really beautiful soul, and then he did something that is not acceptable for me. It might be acceptable for other people, and I have no judgment there.

So, I accept the experience as it is.

I feel into all the texture of it.

Just like the sand on the beach here. I feel into every little texture of it. Accepting it, feeling it, and allowing that universal quality.

Wow, this woman who he lives with, who he is lying to, they probably tell each other they love each other. It’s a very interesting thing for what passes for love on Earth these days.

It’s a very interesting thing for what passes for love on Earth and in all of time, in All of Creation. But that doesn’t mean you give up on love. I’m not going to talk about self-love. Everything I wanted to say on self-love is in my book the *Thirty Days of Self-Love*.

I think everybody here understands and feels self-love. They’ve accepted all parts and pieces of themselves. I’m talking about love between two individualized spirit beings – between two souled beings.

Because, if you guys haven’t totally accepted and loved yourself, the *Era of the Magus* series is not going to be for you. You need to do that first.

Deep sigh.

So, I said that.

One of the things that has really changed for me – this is me moving the tempo of the channel before we go back to the beginning.

So, in the middle we talked about the difference between the ego and the we-go – building on our last channel.

I want to talk about something that's really shifted for me as another example of ego transmigrating to the we-go. Like Kuthumi says, be the example queen!

I used to really worry about you guys getting what I am sharing and committing to going further.

Am I doing a good job? What if this person is slipping back into their old patterns? Oh, the poor-me stories! Oh, I have to go back and pick that person up.

We know the ego, rather than the we-go, is at play, when we tell stories to ourselves about ourselves. That takes place in unintegrated mental and emotional bodies.

And I was talking to Yogananda, one of the things he is working with me on is: It doesn't matter!

He was saying: It does not matter how the materials are received, and that is not my responsibility.

You guys are responsible for your own further and you get to define your own further.

My real responsibility in this world – and this is what I'm privately working on with Yogananda, but I'll share a little bit with you guys.

My personal responsibility to myself, my commitment to this relative reality world is to get as much content as I can into this thing – this entity – people call the *Internet*.

My commitment is to get as much content: your stories, my stories, and our REAL and TRUE stories, the stories of the modern Magi, of the beings inhabiting

consciousness on Earth right now. I have signed up to be the storyteller, to be the record keeper.

And I hope you guys are all putting your stuff out there, too. I know some of you don't have the desire; don't worry I'm not pushing you. But those of you who have thought about putting out a book, putting out a website – it doesn't really matter – adding your story into the record. Beautiful! Let us know and we'll put it up on the website.

We have a community page on Patreon, and people are sharing amazing stories. And it all goes into the technology, the automation of society. The artificial intelligence feels your consciousness. We are re-writing the end and the fall of Atlantis just by being here.

So much is happening! So much is happening!

So, if you find yourself getting involved in what's going on in your little, bitty box – think about that: Why are you here? Why are you here?

So, we talked about the ego, and we talked about the we-go. We talked about things taking on a universal quality.

So much of my life has been experienced through this *Inhabiting Consciousness*.

All the words we have used to describe things like Free Energy Body, Free Energy Vessel, embodiment – they feel very... not fitting.

It is just like once you have your realization you don't really even want to call it your realization, and it wasn't that big of a deal anyway.

Right?

You can make it a big deal, whatever, but the realized being knows that: "Oh, there it went," and then you have a good laugh.

The universal quality, the universal texture of things is something that's been very interesting to me.

So much of my life... If you read my first book, I stood on stage in third grade, and they asked us to share: "What makes you special?"

And I got up there on the stage in my third-grade class and I said, "What makes me special is that I care deeply, deeply about this planet and its inhabitants."

Shock and awe, right? I know you guys all relate to that.

Every other kid was worried about looking cool, their baseball cards, their stuffed animals, their dolly, and I was worried about the fate of the world.

Eight years old. Worried about the fate of the world.

So much of my life has been shutting that down. Part of the reason I was really drawn to the Crimson Circle material because – at that moment in time – it was like: "Fuck everybody else, just focus on yourself."

And I needed to hear that. And it was very, very important to me to block everything out and really go within.

Now that inside and outside are the same thing, and I'm back to my eight-year-old self, standing on stage saying, "I care very deeply about this planet and its inhabitants."

And now that I'm not trying to heal or fix it, and I'm just here being me interacting with it, I am actually doing the best I can for the world. And that is something that helps me *Wake Up New* every day.

You know, when Yogananda first started teaching, he spent ten years in an ashram having his ego turned into the we-go by one of his gurus.

When he was finally freed from his ten years of having the ego turned into the we-go, he opened the 'How-to-live-school' in India.

And he was telling me about this because he didn't want to teach self-realization – he wasn't really there yet – and he said: "What do humans really need? They want to know how to live!"

So, he opened up a How-to-live-school, and as he was telling me about this, he introduced the idea for the next chapter of my shares and my creation. And what I – what we – what YOU!!! – have to offer the world is how to live *as* an inhabitant of your own consciousness.

Realization is in the rear-view mirror!

You have accepted that your Free Energy Vessel is already here. You're not striving towards the next thing that's going to fix everything.

Master's Life 25! Now you get to master this other thing on the Internet.

Now, this is what really is here, and you guys are helping write the book on what that looks like.

How do I live as embodied consciousness on this Earth?

How do I inhabit consciousness and express on this beautiful planet that you finally admit that you care about... again.

So, this is my *Waking Up New* every day.

I know a lot of you want to ask me questions about the biology¹⁴.

I Am That I Am, Sarah, of biologically Sovereign Domain.

The interesting thing is *how*. I don't want to say it takes effort. However, I will say:

How interesting it is to believe that this physical body and physical reality exist?

Laughing.

How do you describe that?

I have a body. I am in a diorama box. I am in a dollhouse. I'm a surfing Barbie.

¹⁴ At the time of this recording, the chatter in the collective Shaumbra consciousness was a complete mental obsession with the Light Body experience. I was making note of it here.

Laughing with the image.

No... to play in that real illusion, you know, and to not get lost in it again.

A lot of people like the Jed McKenna's of the world they have their realization; they realize that this world is an illusion, and they write it off.

I don't want to do that. I want to play in it. I care so much about Earth. I care so much about the people of Earth, and I care about the evolution of human consciousness.

I care about bringing consciousness into the Time of the Machines. I care about infusing my consciousness into this artificial intelligence. And you do, too. Whether you know it or not. Or you would not be reading this!

That doesn't mean you carry the weight of the world around on your shoulders. It's an illusion, and it's not. You live in that paradox. Paradox is simply a non-duality. Things that seem opposite really aren't that opposite when you're beyond duality.

So, here we are at the beginning of the channel. And I wanted to talk about Ninety-Nine Percent *and* the Zero Point and Ninety-Nine Percent *in* the Zero Point.

So, there's an expectation of the ego – before it becomes the we-go – that there are some points of completion.

Remember when we all thought realization was completion? I'm realized, and then I go to the Ascended Masters Club. And then all is well in All of Creation. *Sigh!* – that sounds boring.

Oh, wow! I'm realized and I'm still on Earth. And I'm still a little bit miserable. So, if I just get this Free Energy Vessel, or this Free Energy Body, then all will be good. I'll never have an ache and pain again.

My friends, this relative reality includes aches and pains. It includes heartbreaks. The way you experience them with your we-go will be different. You won't have to negotiate your experiences anymore. Freedom!

So, rolling into the Free Energy Vessel experience: I'm out in the waves one day, and I'm a surfing fool. I surf every chance I get. You should see my arms. I have gorilla arms, and I love it.

So, I was out surfing. I have no concept of time – it could have been a month ago and it happened right now, and it happened in the future, and it *happeeeeeeened* three years ago.

I'm out in the water one day, and I go: "Oh, I'm in my Free Energy Vessel. I've been in my Free Energy Vessel experience all along."

The only thing that shifted... The only thing that shifted was from perception to awareness.

Ha, funny! Easy. Simple.

Okay, so then it doesn't go away, and I don't slip back into a limited perception. Okay, so it's here. I didn't do anything to get there.

My neck still hurts from all the surfing. I'm still sore from the surfing, but I'm in my Free Energy Vessel.

Duh!

It's just like anything on this journey. You go: "Oh, that's what that is. Let's move on."

So, you fill all the way up to Ninety-Nine Percent – like a helium balloon you go fill all the way up to Ninety-Nine Percent.

And you go:

"Oohh, I'm at Ninety-Nine Percent of my Free Energy Vessel and you're waiting to get to 100% completion... Aaaaaaand then the balloon deflates. Back to the Zero Point. Back to the sense of humility."

And I'm not talking about ego humility. I'm talking about *bowing* at the feet of your own Grandness. True Humility.

The we-go *bows* at the feet of its own God, Also and says, “Oh, that was so funny! I thought I was this little cartoon character in a little box, and really, I’m this giant Free Energy Vessel, in which time and space are moving through me and even beyond time and space. And oh, that was a funny, funny, funny game I played with myself.”

No fireworks show – no fireworks show for realization; no fireworks show for the Free Energy Vessel. We can’t play the game anymore, and so we discover who we already are.

Pause.

So, this dating experience I had ... Hmm, this was my experiment with Kuthumi.¹⁵ He said: “Let’s go in; let’s play with ego.”

I had a very, very... I’m really glad that it had so many layers to it because I was able to really feel into myself. I was really able to feel into the texture of ego and we-go.

I was really able to understand how the New Energy Physics shift, transmigrate, in the motion from ego to we-go. And it is not an either-or, of course. It’s an AND.

And that is also going to be the topic of Kuthumi’s next channel:

What does it mean to be You if authenticity is an illusion and we are multiple beings in a singular oneness, a Sovereign oneness. What does *being new* really mean?

So, I was able to have the experience of *being* myself in relation to another person.

Now this is something that’s still coming in for me, something I quite don’t totally have a grasp on yet.

¹⁵ Please note that this could be any experience in which you put yourself out into the world. It could be volunteering, going to a party, anything. I just happened to get asked on a date when Kuthumi challenged me to go play with ego.

I'm at the five percent point, not the Zero Point, not Ninety-Nine Percent. There are no other people; they're just holographic versions of me. Got it!

So, I have that experience deeply, especially with the family who works in my house and takes care of me. I have a full-time staff here. They are the most trustworthy, amazing human beings, and I know that they are me.

And the husband of the family – I know that we have had many, many lifetimes together. But the way he represents himself in my world, in these four walls – I live in a very large piece of property surrounded by four walls – and in these four walls everything is mine. That's an easy concept.

The veterinarian that Ollie and I see where he gets his hair cut and where he gets his ear situation treated – the veterinarian is me.

The woman at the grocery store? Me. The people I'm driving with on the crazy, crazy Mexico roads? Me. The guy who – we don't pump our own gas in Mexico – the guy who fills in my gas tank every week? Me.

Going on a date with someone? Sovereign being. I do not have the full experience of them being me... yet.

I do not have the experience with a love interest. I know that I perceive him the way I am, but he is definitely not a holographic projection of myself. So, there is more to explore, and the we-go loves to learn about the NEW.

So, I'm just telling you there's a thing that I'm feeling into. I'm going in. I'm not perfect. This is the dance. I am still learning with a disciplined curiosity.

Most of you really understand this, but I just want to really stress that this is a dance. And we're not ever going to have anything firm in this dance – as soon as you conclude on something; it's going to crumble.

You build a building; it always crumbles. Something comes up and you think you figured it out; it burns down.

You start to enjoy it after getting used to it. After getting comfortable in the uncomfortable.

Ninety-Nine Percent in the Zero Point. Woo hoo!

Laughing.

A wave rises up in the ocean of your consciousness and then it falls down. You surf it. Nothing is permanent. We never reach an end. We are infinite beings and we're exploring. Put on your space helmet and begin to explore the *Universe of You*.

Alright.

"Where are we going next?" I'm asking Yogananda. I know some of you are getting dizzy. We're communicating all these different things and all these different layers.

Pause.

So, let's talk about love.

Love is something that has only been experienced on Earth. You guys all know that, but I like to start with what we know.

Robert Frost, in my favorite poem "The Swinger of Birches", he wrote:

"Earth is the right place for love. I do not know where it's likely to go better."

So, love is not something that originated from our consciousness, our spirit, or our soul – which is not an entity but a beautiful body of energetic wisdom.

Spirit and soul – not the same thing!

I have been honing this concept with Kuthumi, and we are not done yet because not enough beings understand it yet.

Kuthumi and I have long, long conversations on love, as to how it relates to energy and consciousness coalescing.

So, love is something we experience through our human expression. Does that mean that love is solely a human thing, or an ego thing, or a we-go thing?

No.

Through our human experiences, the soul was able to learn what love was, what the idea of it is.

Consciousness was able to express itself through the sensation, the sense, not the emotion, but the sense of love.

So, it's just something to feel into. Nothing is definitive. The soul is not just human, it's not just... what am I trying to say here?

All of this merges together in a beautiful soup.

We can't define love as a solely human thing; we know it originated on Earth. We can't define it as a soul thing either.

The soul didn't know how to love the human expression until the human expression began to develop an idea of love and began to seek it.

Soul love, hmmm? Some of you guys are really into that. I used to teach it; I look back and I laugh because I was way off. The soul is simply a body of wisdom.

But the concept is good doorway for many people to come into this experience: the awakening-zone, realizing you have something called a soul.

The human can't figure out how to love itself, so it tells itself that the soul loves it. And that's what self-love is in this old way. I did that.

The soul learned how to love from human experience. Soul learned how to give the ego what it seemed to be missing as it negotiated the outside world. Soul is just energy, and energy responds to your consciousness.

What do you want to experience?

This is what happened on Earth. One day a lot of us came together and we realized: What do we want to experience on Earth? Well, how about this idea of *love* and like actually loving ourselves?

Without the human experience this would not be possible... The soul wouldn't have any information, any wisdom.

Consciousness – the God, Also – wouldn't understand this concept: "Oh, God is a loving creature."

God hasn't really been on Earth (yet). Right?

Adyashanti often says, "The ego is the fallout boy."

Everything is blamed on the ego. Everything is blamed on the human. But without these human experiences the soul would have no wisdom; the soul would not know love.

So, you guys know about the New Energy Routine, right?

The New Energy Routine is not a repeating pattern, but a rhythm that allows consciousness and energy dancing to as ONE.

Rather than a repetition, it's an experiment to go deeper and see what is changing and how it flows through the body of consciousness.

The routine would be the constant in this experiment while your conscious awareness is the variable. The new energy routine is a way for your humanity to experience the deeply creative rhythm of the I am Consciousness.

In other words, you do something the same everyday but WHO shows up to the routine is different every day. You are different every day, and a New Energy Routine allows you to see that.

My New Energy routine is: Every day I practice my Spanish, and then I do some yoga, sometimes some dancing. And then I meditate, which apparently is a bad word for some of you guys. But for me meditation is a way to view what is occurring without distraction.

Meditation is a way to view what's occurring without distraction, without analyzation, and without control. It is allowing...AND-ing...

When I go into a meditative state... it is a way to view what is occurring without distraction or control. And then once I can see what's occurring, then there are actually options that occur and choice returns. Not an either/or choice – choice that comes through acceptance without trying to change anything.

I'm going to say it again.

Meditation is a way to view what's occurring without distraction, analyzation, or control. This is more from Adyashanti; I want to make sure to give him credit. It's not a direct quote, but this is what I *felt* in his words, in his energetic communication.

And this is something Kuthumi's been talking to me about: the return of choice.

The we-go, which is nothing more than a mature ego, stops trying to negotiate experience.

Once we have the we-go in place, then choice, actual choice returns. Not decision, not either/or, not should I or shouldn't I.

I'm talking about actual *choice* – beyond a duality.

All – you open to *all*.

All paths become available in a New Energy way in which energy is moving in all directions.

I'm not talking about vibrational choices, high frequency, or low frequency.

I'm talking about the New Energy experience in which all roads are open, and you can take any road in any parallel simultaneous reality.

AND you actually get to choose ALL roads.

The Magus *chooses* which path it will go down.

Which are all paths.

And the mind actually can come into comprehension of what this means without having to bypass it.

So, let me go back to my New Energy routine.

Meditation is a way to view what's occurring without distraction or analyzation. And it's not running what comes up through another filter: How does this apply to this? How does this apply to the last channel I listened to?

No! Meditation is a way to view what's occurring without distraction, analyzation, or control.

I can then walk off my yoga mat with actual options. I can get up off my mat and feel the texture of all the open paths, and then it becomes very clear to me which one – or more so, multiple paths simultaneously – to take.

Forever navigating the void...

And then we'll finish with the end. I'm going to bring it all together here. I promise.

In a sense we started in the middle, went back to the beginning, and we're going to finish with the end.

So, I don't know... several weeks ago after the Free Energy Body experience whenever that was – I don't keep track of these things anymore. It is July 2021 right now, that's all I know.

Deep breath.

So, I lay down in my New Energy routine for my daily meditation. Sometimes I listen to music, Chopin being my favorite. I also listen to Kirtan music a lot, but today – this day, this now moment – I chose no music, and I just opened to ALL.

And I'm lying there on my mat and the most interesting thing occurs. We were always talking about how you'll start to remember things the way they *actually* were and not the way that your ego remembered them.¹⁶

Once the we-go starts sewing in – that's how I'm experiencing it – my we-go was sewn in. It's being sewn into the tapestry of Self.

¹⁶ This is a clear so-called sign you are moving from ego to we-go. You start to remember things as they actually occurred, not as how the ego remembered them in the limits of perceptions.

And the we-go is a very, very long thread. So, it's being sewn in, sewn in, sewn in. That's happening in simultaneous realities. Simultaneous lifetimes. Un-lifetimes.

So, I'm lying down – it's hard for me get the words out... bear with me. This is not a story I would normally share, but I feel like it's important.

So, I'm lying down on my yoga mat, flat on my back, and I start to... I see myself as a baby. I'm there as a baby – brand new, first day born. First day back on Earth. Another dream.

Pause.

And my parents are holding me. My mom and my dad from this lifetime. And I realize *how much* they loved me! And I re-remember my whole childhood.

You know, and my dad... you know if you asked my ego what happened my dad beat up on my mom, and my mom was not very present when I was growing up, and... She wasn't emotionally available yadda, yadda...Let's just say there wasn't a lot of love from a separate ego perspective in my childhood home.

But when I'm in this meditative experience, I go back through my entire childhood, into my teenage years, and then when I move out of my parent's house at age seventeen – and I feel nothing but the most overwhelming sense of *love* from both of my parents.

And then the experience drops me into another layer, and I'm a baby again. And I look around, and I'm being held by Yeshua and Mary-Magdalene. And I'm a baby, and they're holding me. And it's the most amazing *love*.

And it's the exact same *love* that I felt with my human parents in this lifetime... And the faces keep changing. I am so loved by all. You know...it is just unfolding from every lifetime, every energetic imprint.

And then I'm five years old and I'm still with Yeshua and Mary-Magdalene. And then I'm ten, and Mary-Magdalene has left; my mother has left.

And then Yeshua comes and gets me from the Essene people – I'm thirteen years old – and we go back to the Himalayas, which is where I went right after the Fall of Atlantis. And he's holding my hand.

And I'm back in the Himalayas, and I see Babaji. And I see Yogananda, too, and they are both sitting there.

And Yeshua and me – I Am That I Am, Sarah of Sovereign Domain – we're sitting there.

And it is – you know if I have to put a time and date on it, we are back in the Himalayas where we were after the Fall of Atlantis, but it is also right after the crucifixion and Yeshua is walking around in his light body, Free Energy Body – he is inhabiting his consciousness on Earth.

Ahkuhn.

All those other words just seem very silly. And this is all very normal to me. And it's not a new memory or energetic imprint, rather. I've held it a long time.

Yeshua and I are sitting there and Babaji who I've known – I've just known him, and I've known Yogananda. I know these people, these beings; I've known them forever. Or beyond and before any time existed. Prior to consciousness even.

And we're all sitting there, and then Yeshua turns into Krishna, his face morphs. And then I turn into the Hindu goddess Kali, the Goddess of Darkness, which makes sense because you have Sarah the dark, Sarah the black... And it is (also) who I am.

If I feel into it, my femininity is darkness in the divinity. Everything that comes out of my womb is darkness and divinity, which are one and the same.

So, I'm sitting there as Kali.

I'm not trying to analyze anything. I'm not trying to deviate from the experience. I'm not trying to write a story about it.

Yeah, tell me why meditation sucks again! Ha!

So, I'm sitting here as the goddess Kali with Krishna – the blue Krishna elephant – and Babaji and Yogananda; and we are all laughing.

It's all very, very funny to us.

Consciousness is playful and curious.

It has no need to be right, no need to perceive. It only has the desire to be aware and open to ALL.

And then I go back, and I remember after my awakening – before I found Crimson Circle, which saved me in some ways. I'm so grateful for that.

It was 2014. I just came back from Egypt, and I was playing with beings – it's when Morya first showed up and then he was gone – and this being named *Tre* showed up. Tre meaning three. Tre being father – son – holy spirit.

And this being named Tre was tall and cosmic, and he had long blond hair and piercing blue eyes; and he taught me a lot.

He sat and taught me things just like Yogananda sits and talks with me and teaches me things. And Morya sat around and taught me things. And Kuthumi sits around and teaches me things – this is why I don't have a boyfriend (joke). Duh!

Anyhow...

So, I go... And then I'm back in this 2014. And I realize Tre is Yeshua and the six weeks I've spent with Tre were... Ah, just me spending more time with my dad.

And... you know, it's all the same thing... and my human dad is... You know, we had the Atlantean lifetime and everything, but he's just another Yeshua in my life, you know. And it all just kind of runs together. And the reason I wouldn't tell you this story normally is because words don't do it justice.

However, Yogananda says the greatest gift he gave to people through his writing –and I don't know if you guys know this, but he wrote thousands of books before he died. But the *Autobiography of a Yogi* is his favorite.

He says when he looks back on it, the greatest gift he gave to the world – I'm going to start crying – the greatest gift he gave to the world was showing people that you don't have to be perfect.

You know, when he wrote the *Autobiography of a Yogi*, he's very honest about things. He's honest about feeling sad when his mom dies. He's honest about needing to have his ego re-wired. He's honest about – you know, all of the things in his life. So, he makes it accessible, right?

And if you've read *Autobiography of a Yogi*, it does leave you feeling that – this is accessible to me. Consciousness is Available To All souled beings in All of Creation.

When I finished the book, it left me understanding that God Consciousness is accessible *to me*! Not just supreme yogis.

So, I want to share as many stories as I can. I call them story-less stories to open a door.

To say: This is accessible to ALL SOULED HUMAN BEINGS!

To be able to experience yourself in such a textured way in knowing who you truly are, beyond a fixed identity in a fixed reality. To understand LOVE beyond what it appears to be in a singular lifetime with other people in it.

Realization becomes stifling and you walk on from it!

To say: Oh my gosh! I just had a really deep experience – this was a very good example of the ego and the we-go weaving into the tapestry of Self – where I remembered things as they actually are, as they actually were.

But it's all happening in a simultaneous now. So, how they actually *are* beyond time and space and beyond the ego that negotiated its experiences. And it blinded us. The ego blinded us from seeing what really happened.

And if you are new, I don't call memories *memories* anymore. I call them energetic imprints.

It's just an energetic imprint... It's a stamp of an experience in the library of our energetic soul wisdom, which is kind of like the modern-day internet storage cloud where you store all your information, and you just pull it up when you need it.

So, what we talk about when we talk about LOVE is really feeling into the possibility of having that experience... and making it new – waking up in the New.

And having your Free Energy Vessel – or whatever you'd like to call it – this inhabitation of consciousness as the vehicle to express and experience this LOVE.

Yogananda has been working with me on this universal love experience. *Working on* is probably not the right thing, but he has been opening up doorways. And we've been having debates, and I'm open to this.

When you open up to such a thing... You have to feel everything.

So, part of me feeling into love, especially in relation to another person, is this: I've gone through every guy who – this is the ego memory – every guy who has ever done something to me.

The most offensive being intimate with a man who finishes quickly (laughing). To me, that's one of the rudest most insulting things ever because of its Atlantean connotation to (the) reproduction pleasure center.

I have relived every experience in which I was intimate with a man and my needs were not respected or met. I have gone through every man who has ever screamed, yelled at me, told me I was stupid, too sensitive...

So, there is so much *AND* with this.

When you open up to love, you open up to all your experiences (not just the pleasantly perceived ones) and they're all being rewritten, right?

So, as I wake up one morning, and I am going through every experience, every horrible sexual experience I've had with a man... AND then I lie on my yoga mat, and I feel the most profound love ever from my parents represented in this case by Yeshua and Mary-Magdalene. AND I relive all of that.

Love includes all.

I wrote about it a while ago, but I want to add it into the record here. A while ago when I was – I date someone about once a year, so it must have been last year when I was dating someone else. I was having a very big fight with him; he wasn't respecting me. Yadda yadda. Same story, different day – I haven't figured this out yet, guys; I'm feeling into it. I'm open.

Anyhow, I was sitting... I was talking with Charmaine one-on-one on a Zoom call. I was talking with Charmaine, and I felt Morya come up and put his palm on my back – all five fingers, the palm directly on my back.

And he said – and I felt this overwhelming insanely universally loving presence – and he said:

“My dear, this is what love feels like. Love doesn't feel like the (romantic) relationship you're having. *This* is what love feels like.”

And when he put his hand on my back and I felt that – I *knew* that sensation. I *remembered* it.

It's the same sensation that I had on the yoga mat with my own parents, with my – I don't want to call them my real parents, but with my parents of that lifetime, which is when I actually put myself here... when I actually put myself here.

That's hard to explain.

My lifetime as Sarah is when I actually put myself here. AND my last lifetime in Atlantis is when I actually put myself here. AND this lifetime is when I actually put myself here.

Conscious feet touching down on the Earth's soil.

The trouble with incarnations is that having one implies you had others. Yet all of this is really happening beyond time and space, and this holographic image we have here on Earth is just dreaming it. It's just dreaming it. Incarnations are even an illusion.

But for the sake of story... *laughing*... anyhow, so this sensation of love was an imprint that Morya put on my back by placing his hand on my back.

It was also an imprint that I had come up in my meditation.

It showed me that this avatar-self, Lauren, this avatar-self... It showed the avatar that there is so much more available – and that this palm imprint, so to speak, is the *real* thing – real not being the right word, but maybe something having actual depth and texture.

If I'm being honest with myself, this is what I came here to experience. It wasn't about realization. It wasn't about having some kind of superhuman body.

It was about LOVE.

Pause.

And on that note, I love each and every one of you so much. I love the sovereign collective as a whole. The love I have for Yogananda, and the experiences we're having ***alone together*** is something else.

Pause.

I'm really starting to have this – maybe this... you know, this is just a little... a little tack in the bulletin board, but...

Maybe this is really what the Free Energy Vessel, light body, embodied being, embodied realization, whatever you want to call it...

Maybe – just maybe – it's really about being able to feel this love.

How could the biological body in the little box of relative reality be able to handle this much love?

Actual love, the sensation of love – it's something so far beyond what most humans know, and yet you have to be a human to know what it is.

That's why it is called *The Infinite Mystery of the I Am That I Am*.

And that's why Adamus Saint-Germain – so many years ago, in the live workshop I went to, said: "One cannot know love until they know the ecstasy of the I Am That I Am."

That's why Morya was able to show it to me. That's why Yogananda can show it to me, and that's why I can show it to you.

To know the ecstasy of the I Am That I Am is love in your Sovereign Domain.

Self-love becomes a little bit of a trite word – though not wrong or bad – but this ecstasy of the I Am That I Am *is* the self-love. And two beings or more who have experienced the ecstasy of the I Am, two or more, this universal love will start to pour through you.

Pause.

And this is what really radiating your light looks like.

It's not a selfie on a park bench.

It's for those who go to the Ninety-Nine Percent point only to drop back down to the Zero Point.

It's for those who *Wake Up New* every morning.

And the only reason I'm able to share this with you guys is because it's available to you, and it's something you chose.

So, we ended our channel at the end, we started in the middle, and the middle part was the beginning... laughing...Or the beginning was the middle part.

Whatever! It doesn't matter!

We got there.

You guys want to send me some notes? How is the ego, the we-go experience going? I'm loving those.

Make sure you check out the community page on Patreon; there are a lot of really good shares on there. I think that's the best place to put things. I read

them, other people can read them, and it is a safe space. No one is going to use their ego to negotiate (laughing) your experience on here. I promise. This is not your typical Facebook group!

Thank you sooo, sooo much for being here, for adding your Energy and Consciousness to this. And the next channel will be from Kuthumi called: "Being You."

Namaste.

4 BEING YOU!

1-2-3-4. YOU KNOW WHO YOU ARE!



4 Being YOU!

“1-2-3-4 You Know Who You Are!!!” ~ Kuthumi

Theme Song: “1234” by Feist

August 2021, Kuthumi

Hola amigos y amigas!

It is I, Kuthumi, your BFF, best friend forever.

It has been a while since I spoke with you all on the recording. Yet, I have been talking with each and every one of you every day about what it means to be You!

So, before we get started, we will get really, really, really, serious.

And as you guys know getting serious doesn't mean taking yourself seriously or taking a situation seriously. Serious means bringing in *all* of your parts and pieces, your facets formerly known as aspects – the artists formerly known as aspects – they are now facets into this Infinite Now moment.

The part of you that's living in another lifetime, in another parallel reality – a simultaneous lifetime stops what it's doing.

Maybe it's building an Egyptian pyramid and it stops what it's doing to listen to this beautiful, beautiful channel – *if I do say so myself*.

I chose this picture because the modern Magus is a human living on Earth.

I'll say it again:

The *modern* Magus, the *modern* Magi, is a human being living on Earth in the Time of the Machines.

It is not a wizard carrying a wand and wearing a robe. It is not something etheric. It is not something out of a cartoon.

The modern Magus is a fully integrated souled human being living on Earth right now at the Time of the Machines.

And each and every one of you are doing this. You are being this human living on Earth in the Time of the Machines.

First and foremost, for yourself, and second: You're doing it for humanity. And let's sit with that.

Pause.

One of the most, if not the most, challenging experience a Master can have is...the most challenging experience is...

Letting go of all identity – not getting rid of it, but letting go of all identity or identities, plural – every role that it has played on Earth.

For most of you that is thousands of lifetimes, thousands of roles, and within each lifetime, many, many roles.

In realization – which is *now* in our back pockets as Sarah said in her first channel – in realization one comes to the Zero Point.

The Zero Point can be defined as freedom from a fixed identity. It's a beautiful experience in which you realize I Am God, Also.

Naaaaamasteeeeee! The God, Also in me sees the God, Also in you.

The Zero Point is where sovereignty is born.

Sovereignty is where the ego becomes the we-go.

The ego isn't trying to negotiate experience from a perceived outside source. The God, Also knows that experience is not derived from outside sources.

“What happened to me?” becomes: “What do I want to create today?”

“What do I want to create in the now moment? What do I want to create in Ahkuhn?” – our word for beyond time and space.

Notice I did not say *in the absence* of time and space. Just like we're not going to *kill* the mind or *kill* the ego, we're not going to *kill* time and space.

We simply move *beyond* time and space like we move *beyond* the mind. We move *beyond* the concept of ego as an entity.

Ego, as we know from our last three channels, ego is a body of experience that creates the soul body of wisdom.

The modern Magus has moved beyond the concept of *ego* being an entity, of *soul* being an entity, of any part or piece of you being a *separate* entity that has a so-called mind of its own.

Note: Mind is another word for *will* here.

Pause.

The most challenging experience is to stay on Earth after one has discovered the No-Self or the God, Also experience.

Pause.

However, moving beyond this somewhat challenging to the human experience is what allows you to be a Creator in your Creation.

Why is it the most challenging? Why is it so challenging to be You while still being on Earth?

Pause.

Feel into that. You perhaps do not have solid word answers... It's perhaps simply a feeling, a sensation... And if I can get this message through my technologically challenged channeler, I'll provide a list for you.

For most of us, in our simultaneous lifetimes, even if we had the realization that we were God, Also, we went back to playing a role.

When I look through the Ascended Master's Club and I poll its members, which I do quite often – "What was it like for you in your last lifetime?"

Most of the Ascended Masters didn't stay on Earth for very long. They hit the Zero Point; we all know this. I know you guys are saying: "Oh Kuthumi, we already know this."

Yes, AND we start with the foundation of what we already know, and we build on what we know, and what we're about to know.

So, most Ascended Masters had the experience of remembering they are God, Also.

Their energy became aware of their consciousness.

If they stayed on Earth, they went back to playing a role. That could be teacher or guru – no one did that willingly, I would like to add. They did that as a service.

True Masters never actually want to teach anything. They do it as a service. Or they went back to being what we called in India a householder – a mom, a grandma, a dad – they went back to work. They went back to work in the railroad as one of my friends did. They worked in a regular job until it was time to go. And some walked on.

Hmmm, that sounds familiar; they walked on. They removed themselves from society. I certainly did that. I walked away from my family, I walked away from my colleagues, and I walked away from human life completely.

Pause.

You all – you beautiful, beautiful beings – are doing something New: being the modern Magi on Earth during the Time of the Machines.

You all understand this deeply. You take it seriously which means all parts and pieces, facets – formerly known as aspects – understand that this is *the* newest of new experiences available to you all.

Even your BFF, Kuthumi, did not have this experience in the same way. You are experiencing yourself as God, Also, as the Creator in your Creation.

And when I say: “The Creator in your Creation,” you often think about it as: “I am this little realized being in my own little world.”

Raise your hand if you are playing in this – no right, wrong, good, or bad – “I am this little realized being living in my little world.”

Pause.

It’s a grand experience.

“I am not responsible for anything happening out in the world, but I live in my little corner of paradise interacting with my little world.

My BON screen is only what is immediately in front of me – B-O-N, BON screen, the sovereign screen of creation.

It’s just this little experience, this little movie I’m in, in my day-to-day life until I can finally get the heck out of here.”

Hmm... When I see you all, I see something very, very different. You were and are and will be – past, present, and future – *you were, are, and will be* the Creator of Earth.

You were there at the beginning in your simultaneous lifetime – that is still occurring. When you left Oneness, you began to fathom the idea of Earth. That is still occurring in a simultaneous now moment.

Deep breathing.

When you first came to Earth – kind of halfway in a body – it doesn’t look like the human body of today – you were creating Earth.

You created Earth. *You* created Earth to understand how energy and consciousness work. *You* created Earth as a solution to the energy wars that occurred before Earth was even created.

What was the purpose of Earth, this Classic Earth reality?

You were the being who understood something else was occurring on Earth besides figuring out how energy and consciousness work.

There was this thing called *love* and *love* is what connected energy and consciousness. And the byproduct was that when *love* connected energy and consciousness, New Energy was created. New Energy was made. New Energy began to pour out an infinite unlimited resource.

Love was the key to this energy impasse experience before Earth was even created.

You are the *Creator* in your Creation.

A souled being on the Earth he or she created.

When we jump into linear time – August 2021 – rapid quantum leaps and developments are occurring on Earth.

Pause.

Artificial intelligence...

There are super developments in technology that will impact and change the biological structure. Many of you shy away from the idea that these technological developments could be good for biology.

What if these developments in artificial intelligence and developments in bio-body health could undo and rewrite the story of the pitfalls of the Atlantean designed biological body, and the Atlantean designed brain, which is highly susceptible to programming?

The biological body that was created in Atlantis is highly impacted by gravity. Those of you over a certain age know all about that.

Gravity begins to wear on your joints. It's like wearing a suit made of weights – like weights at the gym – and after a while it begins to impact mobility; it begins to impact the skin.

A biological body designed in Atlantis, that when it gets older (in linear time and space and held in by gravity) the mind begins to break down in some ways for many humans.

So, you are sitting on your creation – Earth, an entire planet – Being You as these developments in technology and advancements in artificial intelligence begin to provide solutions for some of the perceived problems of the standardized biological body, *we* all created in Atlantis.

Pause.

So, there is the idea that you are a realized being in your little corner of Earth, experiencing your little creation on your itty bitty, tiny BON screen, the sovereign screen of creation.

And then there's the reality in which you sit in your realization and the No-Self, which is not nothing, it's No Thing. It's *not nothing*.

You sit in the No-Self. You understand deeply, wholly, and completely how energy responds to consciousness. And through this Earth-developed creation called *love*, you realize how energy and consciousness connect to make New Energy.

We're not going to run out of energy. Imagine that!

I know it sounds very small, very trite: we're not going to run out of energy. But that is what started all of this experience so many eons and eons ago: fear and panic that we would run out of energy.

You can see and have seen it all over this planet. You drive to the gas station and see that they are out of gas. There's not as much food on the shelves at grocery stores. Have you noticed that? People are eating more and using more energy than ever before – but not you.

The caterpillar, the hungry, hungry caterpillar, that has devoured the forests of this world finally ate enough, went into its cocoon, and after some very uncomfortable experiences in that cocoon emerged as a beautiful butterfly.

Instead of consuming, consuming, consuming, the butterfly's role is to be itself AND to spread consciousness through pollination – to pollinate flowers, to allow regrowth, to allow New Energy. And you are all the butterflies.

So, Being You, being a Creator in your Creation is so much bigger than you will allow yourself to experience, for many of you.

Now, I know each of you has had a glimpse of how much you are impacting the evolution of collective human consciousness in the Time of the Machines simply by being here. Simply by breathing. Simply by having your *aha* moments: “Oh, that’s how energy responds to consciousness!”

So, this is an invitation: To step into those little moments of your life and realize how big and grand they truly are.

If you had just come here for your realization, you wouldn’t have done it in the Time of the Machines.

If you wanted to be a Magus or a Magi who performed magic tricks and got a new fancy car – nothing wrong with that – and just wanted to...let’s say rock your humanity. If you just wanted to rock your humanity as a Magi or Magus, *you* would have come here in a different time.

Yet, that is not the case. Here you are in the Time of the Machines rocking your humanity to provide an energetic imprint example of what is available, and what can be done. You are sitting in The Four P’s.

What are The Four P’s?

I know that some of you are yelling them out because you’ve heard me say this so many times.

Laughing.

They are...say it with me... potentials, possibilities, probabilities, and passageways.

So, let’s make this interactive. Get out your pen and paper. Hit *pause*.

Get out your pen and paper. I’m even making Sarah get out her pen and paper. We’re going to do this together.

“Alright, Kuthumi!” Sarah says getting her pen and paper. “Excuse my noise...”

Alright! So, you have your pen and paper now. Let's write them down:

Potentials... You got it?

Second on the list: *po-ssi-bi-li-ties*.

Third: *prob-a-bili-ties* – don't know how to spell that one?

But it will work.

Potentials, possibilities, probabilities and what's number four?

Passageways!!

Now, The Four P's – I love alliteration.

Kuthumi *loves* alliteration!

Alright.

So, we have these Four P's, and it sounds really simple, just like *Being You* sounds really simple.

But as *You* sit here – a Creator in your Creation – Being You, You with a capital Y, being the God, Also – all your facets are dancing to the beat, the rhythm, of your I Am Consciousness.

These Four P's make you a modern Magus. You sit on your park bench, and you are feeling into potentials, possibilities, probabilities, and passageways. And in this experience of benching in The Four P's You are the modern Magus.

The ego – the humanity – had some really bizarre and really limited ideas of what it meant to be modern Magi.

But the we-go – which is this fluid beautiful expression of all of your facets coming forth, all the lifetimes running simultaneously – is pausing the for the

Encore of New Life,¹⁷ pausing to understand the experience of being a Creator in his or her Creation.

So, now that we have our list, I would like to invite you to write down the definition and examples of each one of The Four P's.

What is the difference between a potential and a probability? What makes passageways different from the first three P's?

So, now everybody is going to have this experience for themselves. You will go sit on your literal or proverbial park bench. Sarah is saying I should say it's an invitation, but I'm not inviting you.

Sarah, laughs. "Okay, Kuthumi!"

You're going because you already have done this. I'm not violating your sovereignty. I know that you have already done this because I don't see things in a linear timeline anymore.

Every one of you here has taken your notebook to your literal or proverbial bench. For Sarah it is a surfboard floating out like a little buoy in the ocean. We're going to have to get her a waterproof pen.

So, over the next few weeks and on our next *conversations that create call*, we're going to share definitions – loose, fluid definitions – and examples of potentials, possibilities, probabilities, and passageways.

Now, Sarah is telling me this is not good for the book, and I say: "Relax! It's fine. The readers will do this too!"

So, now that we have our setup for where we're going in *The Era of the Magus*, I'm going to bring it back down a few layers into your day-to-day life of Being You.

Now having watched Sarah go through this and having watched many of you have this very unique, creatively tense – creative tension, not resistance, creative

¹⁷ The Encore of New Life is a channeled experience with Kuthumi in which all lifetimes or energy show up for Nova Vita. You can listen to the channel on the website or read it in the *Living in the Garden of New Life* book.

tension – having this creatively tense experience of: “Now that I know I am *No Thing*, now that I know I Am God, Also, how do I *Be* in the world?”

This takes some linear time. This takes some allowing of space to move through you. This requires a whole lot of being comfortable in the uncomfortable, as Morya liked to say in his *Four Imperatives*.

Everybody, with the exception of those choosing their Magus experience, everybody on Earth is playing some sort of role. Their ego creates an experience, an interaction, as a way to perceive itself to answer the question: “Who am I?”

So, many of you will say: “It’s actually easier to understand I am the Creator in my Creation, and that I created Earth than it is to go out. It’s easier to do that and accept that than to go out and interact with humans, and their egos, and their roles, and their expectations.”

But I’m here to tell you that a Magus, a mature Magus, gets very, very good at this – to be able to interact where you’re not feeling like you get pulled into a dynamic that no longer serves you; that you’re no longer having to play the mirror.

This isn’t going to happen overnight.

You know, our friend Yeshua didn’t just walk on water.

He practiced alone – I’m kidding (laughing) – before he performed it for an audience. This is a joke.

But what I’m trying to convey to you is that it’s going to be very uncomfortable to go out and start interacting with humans who are looking for their mirror, who are looking to project something and will be mighty frustrated with you when you don’t project it back.

Now, to prevent yourself from being uncomfortable in a situation, many of you will still go and mirror it back which is fine.

It’s all about being aware of what’s going on. It’s very strange to bring this Creator in your Creation back down to the day-to-day experience level – the micro in the macro.

The macro is almost easier for you all. The micro, the little interactions, will become more fluid. They will contain more ease.

“Why even bother?” Someone just asked that. “Why even bother?”

Because through your interactions you are creating potentials, possibilities, probabilities, and passageways for the New Human Species, which is being developed on Earth as we speak, as we take each breath.

Everything you do as a Magus is like a fountain or a waterfall that cascades out into the development of this next era of Classic Earth reality.

And beyond that its impacts are felt in every corner of creation where a spark of consciousness exists – as Sarah wrote in her book.

It’s one of my favorite lines in her book: “And it will be felt anywhere a spark of consciousness exists.” In All of Creation, I will add.

So, sitting with this... I’m asking Sarah to give a few examples of what this was like for her, and she doesn’t want to do that, but here we go.

Sarah speaking:

Alright, so a few examples are:

After my realization I really felt like I couldn’t be in the world. Number one. I’m going to make it really simple.

“1, 2, 3, 4 – You know who you are!”

Surfing was my life raft; in that I was able to be around humans and interact with humans without having to interact with them too much. It gave me an activity to be in the world.

I knew I needed to be out in the world, but I also didn’t want to have long conversations ... laughing ... with humans. It was very uncomfortable for me. I can’t mirror anything back, and I don’t see that person as a mirror. It was a lot. It was very intense, and I was very, very awkward. I’m still awkward, but I don’t care. That’s the difference now. I own my awkwardness and keep on interacting!

I began to go to surf retreats and – wait for it – *share* a room with five other surfers. Now I live alone, and after I left Colorado, I was very much a homebody.

And the Impetus to Act – that we covered in Chapter One – kicked in.

So, I kept putting myself in situations where I was forced to interact. Why? Because I knew it was important for all the reasons that Kuthumi is saying.

I knew it was really important, and I also knew that – knew deeply, a knowingness – that me figuring out how to be myself, my no-self Self, in this world was going to give me a rich experience that I truly deserved, for lack of a better term.

I deserved to be able to be out in the world and interacting as mySELF.

I was *worthy of it* – without playing a role or a mirror.

Super awkward, sometimes beyond awkward, and sometimes beyond frustrating, but it's something that I'm... My consciousness pushes me in that direction, and energy shows up to support me.

Kuthumi begins speaking again:

It can be *very, very* confusing for you all. You know who you are.

The answer is not a *what*, it is a *that* – I Am That, I Am That I Am, I Am That.

But how does a *That* be in the world?

Many of you – the reason we are doing this channel and taking it really down to a practical level – many of you are making it too complicated.

And that is why I chose the Feist song. “1234” is the name of the song, and the next lyric goes, *singing*... “You know who you are” because it *IS* really that simple.

So, more homework – we’re making this interactive. We are making this applicable to our daily lives. So, when things get complicated as you are embarking as the modern Magus interacting with your creation, the entire freaking world – feel into that!

If things get complicated, you're going to take a deep breath, laugh, and you are going to think of your BFF Kuthumi – no tiny hammer needed.

AND you will count: "1234. *You know who You are.*"

So be it!

Be You!

Be out in the world knowing that it is your creation!

You are not a tiny little speck of a realized being in your tiny little corner of the world.

You are a supreme being – not an ego supreme being – but a God, Also grand being experiencing Earth, your Earth, our Earth in the way it was intended.

The Atlantean Dream gets *blown up* because you've gone so far beyond it. "1234 – You know who You Are."

Whew!

Take a deep breath with me... Aaahhh.

One more side note.

One more side note.

Can you see my eyes turning into tiny slits?

Can you see my smile with my gold tooth showing?¹⁸

One more thing:

When I say potentials, possibilities, probabilities, and passageways I have noticed that many of you are looking at those for yourself (*the little I*).

¹⁸ Kuthumi has a long-standing joke about his gold tooth in the back of his mouth. In case you are not familiar with his sense of humor. He uses humor to pull you out of your mind and back into awareness.

There's nothing wrong with that. We always have to add that. There is never anything wrong or bad with anything that is happening. It's all just an experience and expression.

But I'm pointing out that when I say The Four P's you, many of you, immediately start trying to apply them to your life.

"Oh, a potential for me, for my bank account, for my body, for my health, for this, for the relationships."

Ooh, that would imply that there's something to heal, fix, or repair within you.

Aah! A King or Queen does not go shopping in his or her own kingdom!

Pause.

Feel into that. A king or queen does not go shopping in his or her own kingdom!

The You, the That, WHO you *really are* – "You know who you are, 1234!" – feels into the potentials, possibilities, probabilities, and passageways for All of Creation.

When all is well with You, all is well in All of Creation.

So, with that – I am Kuthumi, your BFF.

If you so choose, you can release all of your simultaneous lifetime facets back into whatever they were doing. Go back to building that pyramid.

Yep, I thought so!

With SOOO much *LOVE* – the bridge between energy and consciousness – the bridge to Theos¹⁹ – I thank you for being here, for adding your energy and consciousness to the channel, and for being my friend.

One. Two. Three. Four.

¹⁹ The Bridge to Theos is a channel, or chapter, from the *Living in the Garden of New Life* series.

It's that easy.

You know who You Are!

Namasteeee!!!

