

# SESSION TWO WITH KOOT HOOMI (KH)



APRIL 4, 2020

Hola, buenos dias mi amigas y amigos. This is Koot Hoomi. Namaste. Oh, my channeler today is so much more relaxed then she was two weeks ago. I'm so glad to be here with you, I've got a lot to share with you today. I am so excited.

Today we're going to start with a few stories and background information and then we're going to move into the second part of our program "Walking into the Garden of New Life". As you can see the image I chose today is a beautiful rainbow park bench, and this bench is not just in any park, in physical or classic earth, this bench is also in the Garden of New Life, simultaneously.

You can see the butterflies; you can see the colors and the best part is you can see the music notes. Music that regular humans can't hear, only the embodied Masters can hear.

So, what is the difference between K-U-T-H-U-M-I, some of you say KuTHumi. Oh, there's no TH in my name. It is Koot Hoomi. And what is the difference between that and K-O-O-T-space-H-O-O-M-I? Let's just say that ascended Masters and embodied Masters are multiple multiply singular beings, trying to get that out of Sar'h's mouth - multiply, multipul singular – oh, let's have a good laugh, say that three times fast.

So, KOOT HOOMI is my name from my last lifetime. Now, various channelers channel me. We have people channeling me for an awakening crowd. They're about love and light because that's what supports them in their experience. They talk about learning lessons, oh, so heavy. They talk about karma, lifetimes, that are linear, but that's where they are at. So, an ascended Master or an embodied Master always meets people where they are at. So, that's one type of channel that's happening on one type of earth or one type of reality going on.

I also have a beautiful, beautiful woman channeling me for a pre-realization audience. What's happening as I move from awakening into Realization? What spiritual belief systems do I have that I can let go of? How can I support people who are still in Classic Earth reality? And then there is me here, Koot Hoomi.

All are equally valid information; all are equally authentic because Ascended Masters and Embodied Masters – I don't want to say mirror. That's not necessarily the right thing let's play with the mirror though anyway – so, they mirror to the people listening to the channels themselves - what they need to hear, what they can accept, what pushes their boundaries a little bit but not too much. It's a fine balance in sharing information, so no channel from Master KH, me, is not valid, not one is not better than the other. It's simply meeting somebody where they are at.

And as you sit in your embodied mastery, you will see how you speak with people will be different. The human sitting next to you on the park bench on classic earth, you will say one thing to them. And if you were sitting next to an Embodied Master friend on the same park bench, your conversation would be completely different. Both conversations are valid, both conversations are true.

When you become an Embodied or Ascended Master, which is bit not very different these days. You'll begin to understand or you already understand, that truth is a very loose concept. Truth is relative to which reality you're playing in. On New Earth reality, for example, gravity is light, things don't get held in. Just like Sar'h wrote about in her last post. In Classic Earth reality gravity is heavy, it holds things in, it keeps people in patterns. Neither is right or wrong, or good or bad. They're both true relative to the situation they're in. So, I want to clear that up, that was very important for me.

I knocked on Sar'h's head with my tiny hammer this morning and I said you must tell them, that all of the channels out there - I have very good channelers, people I work with, people that I love - and it's all true and valid based on their reality perception experience.

Here, I'm pleased to say we don't exist in one single reality, we're multiple beings and multiple realities, and because we've gone beyond the mind here, we can handle that. That's part one of the reasons that I lost my mind – oh it's so funny now, I lost my mind – but at the time it wasn't funny, it was very scary, I have a lot of compassion for the fear that takes over when you're moving into multiple realities and multiple truths.

The human brain, the one designed in Atlantis, loves firm fixed truths. “This truth is my truth and it's better than any other truth”. That's how the brain works. But when it starts to see that there's so many truths, and it depends on which reality you're in and there's so many realities.

We talk about Classic Earth, we talk about New Earth, but in each Classic and New Earth there are a million different realities. Just like, think about perspectives. How many perspectives can you have on one concept? Each of those perspectives is its own reality. Ah, instead of becoming scary, once you go beyond the mind that becomes comforting, “Oh, I am not locked in this prison of a singular reality”. Truly, that's what walking into the Garden of New Life is.

Now, Sar'h, or Sarah, or Sarai, whatever you want to call her. She too has many names just like myself, just like Morya, just like Saint Germain and Adamus. There are many versions of a Master, all of you Masters here are starting to realize that there are many versions of yourself, and one is no less true than the other.

If we decided to focus on one and say this is who I am, this is my truth, this is my one fixed identity, we would be limiting ourselves. So, as the story goes, Sar'h, or Sarah, as I call her, it's much easier to pronounce, she was googling me. Oh, how many times have you set on your google and done all your research on the Ascended Masters. Specially at the beginning of your journey.

That's how many of us connected to you, we said "Oh, if that person would just google me, it would make things a lot easier". You know, in my days we didn't have the Google. We only had the ability to dive in and explore our consciousness.

So anyhow, Sar'h was on the Google and she was googling me when I said, "Why don't you just google yourself?" And she laughed so hard and said "Ok Koot Hoomi, I will google myself. So, she typed in "Ascended Master Sarah." S-A-R-A-H, because she knows people don't know her real name, people spell it wrong. Oh, it happens to me all the time, that TH, I am not Kuthumi, I'm Koot Hoomi (laughs). It doesn't matter, I'm just kidding.

So, she typed in Ascended Master Sarah and there it was. A channeler who has been channeling Ascended Master Sarah since October of 2019. Oh, and she had a good laugh, and she went in and read some of the channels. And some of it was very good, she even got in through her New Age filter the words New Earth and New Energy, cause that's all Sarah is focused right now, is New Earth and New Energy.

And she kept reading the channels, and then it went on about learning hard lessons and healing your body, and it got kind of, how should we say it, constipated. It got kind of constipated. But instead of getting upset, Sarah just said "Oh my God, that's so great, they got in the words New Energy and New Earth, and we can start to feel that even in the New Age crowd. We just plant the seed. She didn't get upset because the channel wasn't perfect, or she didn't get upset because someone was channeling her. She just smiled and said "Wow, that's an amazing person".

So, it's quite interesting how the human brain wants to say there's one ascended Master, who is exactly this way, and the only message that can come out has to look this way, and this is only the one true Messenger. But the truth is these multiple beautiful Masters, such as yourself, they're just channeling one perspective and one reality in the fluid truth, that is stepping into Realization and what's beyond it.

And that leads me to the second part of my story, all of this is just to get you to relax. I asked Lauren what did she want me to say today and she said "Tell us a story, Koot Hoomi", and so I will. And then, we will walk into the garden and explore the Garden of New Life.

So, most of you know my story. I lost my mind, I was in England at the time and then after I settled in this multiple perspective reality, with multiple selves united as one Self, I began to take a walk. I decided to leave behind all the groups that I had been a part of, especially my colleagues, my friends and fellow students at Oxford University.

I began to take a walk, I decided to go back to my home in India, and I lived in this, what would be a considered an Oriental Pagoda building. Can you see it with the sloping roofs, and some part of it was open air with beautiful tiles? You know it wasn't a very big pagoda, but it was a very intricately designed beautiful mosaic tile home. So, a lot of what is channeled through me for the Awakening to Realization crowd or audience is about that walk. How did I walk into my Realization - what we're going into here is: what happened after my long walk, when I stepped into that pagoda?

It's very similar to what Sarah is experiencing right now. She allowed her relaxation in 2017 and instead of taking a walk, she took a drive. She drove all over the United States, she drove all over Costa Rica, she drove up, went all through Asia. And then she said "Ok, I allowed my Realization. I embodied my Realization. What's next?".

And instead of walking into her pagoda at the base of the Himalayas, she walked into her Villa on the Pacific shores in Mexico. So, that is what we were channeling here. This is what I'm bringing to you

here. This is the beautiful part in piece of me that is integrated as a facet. This is the facet of me it's going to talk to you about what happens after Realization.

So, the years that I walked, and I walked and I walked, and I communed with the trees and I connected with the Earth. You know, first in Realization, I just enjoyed it. Several years I was just enjoying the peace of Realization. For any of you who are Shaumbra, this would be the park bench. I sat down on the park bench, which was actually my walk, and I just enjoyed. I enjoyed all of it. I explored the depths of my being, I splashed around in the Oceanic self until I molded and melded into the ocean. I explored the void until it became the 3rd Circle of Creation, as you call it.

And then, one day, just like Forrest Gump, who was running and running and running, I just stopped running. I stopped walking. And I said "Ok, now what? I allowed my Realization, now what?" And I looked up to the Masters before me, just like Lauren did and said "What comes next?". And the ascended Masters looked down from their club and they said "We don't know, we left physical Earth, we integrated our biological body and went to the ascended Masters club. We don't know what's next. I guess you get to create it."

It was the exact same story as Sar'h. When she had her Realization she looked up to Morya and she said "Ok, what's next? I'm realized, what's next?" And he said, "I guess you get to create it". That's what we're doing here, in this second session, we're starting to think about what's next.

Some of you are going "Oh, I'm not even realized yet, I haven't even sat on the park bench yet". Yes, you're already realized. Now it's just the time to open up your vision, see through the eyes of the divine and say "Oh yeah, I'm already realized. I've been realized a long time".

Take a deep breath with that. "Wow, I've been sitting in my Realization this whole time, I was just playing a game with myself, maybe to delay the little longer so I could have a big aha moment."

Friends, what you will discover is Realization is not a big aha moment or an explosion, it's just a big deep breath. Just a relaxing into what is. The human is expecting some grand display, and what Realization is...oh, that's what that is. It feels so subtle, but the grandness is truly and the subtlety.

Feel into that, what's underneath this layer? And then you go deeper, what's underneath my soul, even? You began to sink, sink, sink deep into the depths of your beingness. You stop saying "time is linear", "the date is set for my Realization". Yes, it is. but it's not out there in the future, it's way deep inside you. It wasn't a date on the calendar, the date was inside of you, and it's now.

The date is set for your Realization and that time is now.

Taking a deep breath, wow, you guys can really feel that. This is such an honor and a pleasure to be here with this very special, very unique group of beings. I am honored.

Morya was right about you, he said "Koot Hoomi, my best friend, will you come step in for a little bit while I go through this huge transfiguration and transmigration process?" and I said "Morya, of course, what are these people like? It's such a small group of beings who are gathered here, what are they like?" He said, "They are committed."

And if you know Morya, he wouldn't take that term lightly, and he doesn't mean committed with the mind, he doesn't mean committed with the body or committed in any sort of human way. When Morya said this was a committed group of beings, he meant that they were passionate, deeply passionate for Realization, and what comes after. Allowing the physical expression to move from hard dense matter into energy. Yeah, that's something that I really want to talk to you guys about. This is what Morya and I came together to experience.

So, I meant, I took my walk, and I'm in my pagoda house, my Oriental pagoda house, at the base of the Himalayas, in what would be called modern-day Tibet. And one day, without a cell phone and without text messages or WhatsApp or email, Morya showed up at my door.

When he showed up at my door, I cried, I cried, and I cried, and I cried, tears of joy. I had been so alone, so alone, in such solitude, and sensual solitude, I very much enjoyed by solitude. But when he showed up at my door I cried and I could not stop crying. And you want to know the funny thing? Morya cried too.

We cried because this journey had been so hard to the human. We cried because we had crossed the Valley of Alone in the depths of sadness for this Earth creation. We cried tears of pure beauty at the whole experience, crossing the Wall of Fire, coming into physical form, all the civilizations we experienced leading into this classic Earth reality that we are experiencing today.

And then we hugged, and once we stopped crying and we stopped talking we sat down and we said "Ok, it seems to me that we've allowed our Realization, and yet we haven't left physical Earth." It was quite strange for us.

We even had Saint Germain show up and say "Yeah, it was really weird for me too. I had my Realization," they didn't call it that then, "I had my realization and yet I didn't leave physical Earth."

Something else started to happen, the biological body began to dissolve, or integrate into the consciousness (of Self).

The word out there right now is convergence, and my friends, convergence is simply bringing your consciousness, the part of you that was separated when it crossed the Wall of Fire, your angelic nature, the Journey of the Angels. You're bringing all of that into physical earth reality, that is the convergence. You're bringing your inimitable consciousness, as Sar'h calls it, into physical Earth. So Morya and I sat down and we had a glass of tea, a cup of tea pardon me, we had a cup of tea and we said "Ok, I guess we're going to allow this biological integration."

So, let's talk about choices here. Many, 95% of ascended Masters, had their Realization and then left physical form, through what humans called death. Of those who stayed, there were several options. One, was to be a hermit, to go live on a mountain top or in a cave by the sea and disassociate with society completely. These are the old options.

Option 2, house holder. You allowed your realization, and then you went back to be with your family and work a normal job and be a part of society never to speak of realization again.

Option 3, you become a teacher, a guru with students who follow you around and try to get information from you and don't realize their own knowingness. Or, you're a great guru and you show them the mirror and they find out everything is inside.

So those are the options: human concept of death, hermit, householder, teacher. And Morya and I said "There has to be something else". And at the time we didn't know that New Earth and Old Earth were not coming together. There was still a potential and possibility that we would create a New Earth reality that would merge with Classic Earth reality.

We began to feel into this New Earth reality. Morya and I said to each other "Hey, we're here, we're having these amazing experiences. We can tap into all these different realities," and we remembered something. We remembered "Hey, we created Earth and that was pretty cool," and everybody listening here, you created this beautiful planet and the experience is here, and all the things available to us. The nature is, specially, you created that.

So Morya and I said “We created this, what if we created a New Earth, another one. We're stuck here in Earth and, not really stuck, but we're still here, so let's play!”

So, we created the Theosophical Society, we worked with Helena Blavatsky, a wonderful beautiful fun being. So, we created this Theosophical Society to introduce concepts, meeting people where they were at, just like I talked about before, to introduce the idea that there's a new way to live, if they choose it.

What are the first 5 letters of the Theosophical Society? T- H - E- O- S, Theos. Theos is another word for God. Basically, the Theosophical Society was based completely on what Tobias said: you are God also. What Yogananda has called GodSelf Realization, realizing you are God also. That Self, what they would call it in the New Age road, the Higher Self, that is God also. No that was the whole point of the Theosophical Society.

Now, some things went alright, and it was the world wasn't necessarily ready for it, and it turned into something more about rituals, even though when we started the Theosophical Society we said there will be no rituals. Morya and I had enough lifetimes in religions, especially being in India and Tibet, where rituals are King and they place God outside yourself.

What is it that Adamus Saint Germain said recently? He said what is the most sacred of all rituals? No ritual at all. So that was the point of the Theosophical Society. Ant it brought our Eastern wisdom of knowing that God is within, to the Western world. Beautiful, wonderful, human controversy? Sure, but we laid the groundwork for what is happening in New Earth realities.

For those of you who are Shaumbra, and are with the Crimson Circle materials in an intimate way, know that in the ProGnost event in 2017, Saint Germain introduced the idea of Theos, which was just one New Earth reality among many New Earths. There's not just one New Earth and it's not something that's out there, it's in here. So, what is Theos? Theos is a New Earth planet, we'll just going to make it a little bit cartoonish here, even though it's not. Theos is a place where I am God also interacts with you are God also. Everyone on Theos knows that they are the creator of their reality. Everyone on Theos has stepped into the Third Circle of Creation. Everyone on Theos knows that gravity is an energy that is used to create, rather than to create a prison.

Everyone playing the Theos reality knows about electromagnetics, that interact in this free energy vessel. They're tapped into their creative intelligence rather than using the human mind, rather than having the illusion of logic. Everyone on Theos has moved from having human emotions, to tapping into more than 200,000 sensations.

So, when I say we're going to take a walk into the Garden of New Life, when you do that, you're creating in New Earth realities. Now, many of you are already creating these New Earth realities, some of you have specialties. One of the things that Sarah says she she's doing at New Earth is creating new music notes. She loves music, it's one of her favorite things on Classic Earth. Music moves her, she dances in it, it's just like swimming in the ocean for her. So, one of the projects, wonderful creations on New Earth is expanding musical notes, so there's not a limited amount of music notes, beautiful.

Today if I leave you with anything, it is that there's no one singular truth, there's no one singular voice, everything integrates into one. That your facets can play wherever they like, without getting stuck, it's only the aspect that gets stuck, in the perception of a fixed or finite reality. That is duality, having a finite amount of energy, not being able to get out of something. You play with identity, it becomes fluid.

So, to step into the Garden of New Life, you sit down on the park bench, or the bench in the Garden of your own Sovereign Soul, your I Am presence. You sit there and you sink deep knowing your Realization. And you can sit on this bench, this park bench, and you allow your Realization that's already there, everybody listening to this message right now, is sitting in their Realization right now. The date is set and it is now.

This rainbow bench is the portal to New Life. Stepping into Realization opens up the portal into your New Life existence.

I hope that I was clear in my story of talking about how I went from my awakening, through my mental breakdown, I walked into my Realization and then when Morya showed up at my door step in my pagoda, and we sat down and allowed our biology to become light.

I know Light Body is not a word that people use these days, but we allowed our Light Body, that was our portal and our pagoda house, into New Life. And we did our best to introduce this New Earth reality through our theosophical teachings, and just like anything, any creation, you create and then you allow your creations to have sovereignty, and there's no right or wrong, there's no successful or unsuccessful. You just allow your creation sovereignty and trust that whatever was meant to be will be. Whatever will be will be, que sera sera! (KH is singing the classic song here)... okay Sar'h is calling me back from my singing.

Oh, I hope you had a good laugh, especially at yourself when you become too serious, especially you have a good laugh when I come over with the tiniest hammer in the world and hit you over the head and say: no more linear thinking, no more linear time, no more stuck gravity, let it go. And you have a good laugh, and when you laugh look at the picture here, the image here, and when you laugh the butterflies come out of your mouth, the music notes come out of your butt, whatever, were farting musical notes!

So, I know that Sar'h said we were going to talk about the biology in this session. We are going to talk about biological integration in session three, when all the interfering alien butt holes go home. Yep, so I recorded this early, and I asked Sar'h when she woke up this morning, I said "Can we record this early?" Because I know that you guys are going to be at the Crimson Circle Shoud monthly gathering on April 4th Saturday.

So I wanted to make sure that I got this to you before then, should you want to listen to it, and that you had your full attention on the shoud on April 4<sup>th</sup>, which I know everyone will be doing and I will be there in the audience with you. "What are these embodied beings going to create today?"

I am Koot Hoomi, not Kuthumi, just kidding, whatever you want to call me is fine. "Hey Homie, come over here and play, put your tiny hammer away."

Oh, my goodness, Sar'h is rolling her eyes at my silly, silly poems, I hope you come play with me. She's way too serious, even Morya is too serious sometimes. Anyhow, Namaste. I will see you guys in two weeks and we're going to come back to the Garden of New Life. Oh, we're going to step into that free energy vessel and stay. I will see you then!

~ KH as channeled by Lauren Hutton (Sar'h)

[www.becomingsarh.com](http://www.becomingsarh.com)

[www.patreon.com/laurenhutton](http://www.patreon.com/laurenhutton)

© Copyright 2020 Lauren Hutton. Quotes of 250 words or less may be shared publicly with citation. All other uses must be approved in writing by Lauren.