

# The Light Body Sessions

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### **In the Light Body Sessions Volume One...**

We begin our journey here with the text of the **Ancient Integrations and the Free Energy Body of Today E-Book** (download).

We provide this text as a baseline for understanding all that must come home from leaving one-ness, the Star Wars, and coming into physical form. It's like Journey of the Angels in applied consciousness.

Kuthumi calls it the grandest perception leap available in all of creation.

Next, we return to the Wall of Fire and re-define the Soul and Its role in our existence.

### **New Soul Audio & Text:**

In this channel by Kuthumi - in which you slowly back away from the Atlantean-designed mind's need to perceive so you can begin to view all the possibilities, probabilities, potentials, and passageways that exist in your energy.

We go back to the Wall of Fire and touch what is behind it.

(36 minutes, with audio and text)

Then we begin our inquiry into the Light Body in order to unwind and re-write the energetic codes in the design of the standardized human form.

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### **The Light Body Sessions Video One:**

Sarah, Kuthumi & Special Guest Yogananda set the stage for the event by tapping into pre-conditioning and programming that exists in the standard biological form and thought processes in the closed-loop, Atlantean-designed mind neural networks.

We are NOT trying to get rid of any conditioning but rather, simply become aware of it. You are asked to really feel the motivation for the light body experience and, further, reach into the void that is you prior to causation or motivation.

(50-minute video presentation)

### **The Light Body Sessions Video Two with Music:**

Sarah, Kuthumi & Special Guest Yogananda share their light body stories, stating that each being's experience will be inimitable - or unique and divinely personal - to each being allowing this experience.

By sharing their stories, they create a womb beyond time and space for you to feel into the grand design of your consciousness for this lifetime beyond words.

Your consciousness designed this special lifetime in which human and divine or energy and consciousness or soul and source come together in union for a direct expression and experience of consciousness in the physical reality we call Earth.

(50-minute video presentation)

**Transcript of both Light Body Video Sessions in English included** (28-page book)

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## **In the Light Body Sessions Volume Two...**

### **The Light Body Sessions Video Three: New Human Species**

This session covered the 4P's – potentials, possibilities, probabilities and passageways of and for the New Human Species. Allow the mind to expand into an open loop system and so much more.

(50-minute video presentation)

### **The Light Body Sessions Video Four: Creative Intelligence**

This session dives deep into the characteristics of Gnost, Knowingness, and the Sovereign mind. We bridge the parallel between the 3rd to last Atlantean lifetime and now. The experience of this reality bleed-through is often what leads to creative intelligence feeling inorganic or unnatural until the mind and nervous system relax.

(55-minute video presentation)

### **The Undefined YOU! Audio & Text:**

In this channel by Sarah, we talk about the re-orientation from the designated ascendeer or realized being lifetime to the inimitable divine personality. Being the ineffable God, also.

(41-minute audio & transcript)

### **The Light Body Sessions Video Five: Living the Enigma**

In this fifth and final session, Sarah, Kuthumi and Yogananda talk about what it is to LIVE life unfiltered by definitions. The Light Body is the vehicle for experience and expression.

(50-minute presentation plus 30-minute musical experience)